



Food and Life in Deland

Food around Deland

You may find American food strange. It may taste different, or be cooked differently, or it may seem bland or heavy compared to what you are used to. If you are in self catering accommodation and unused to cooking for yourself, you may find yourself relying on “fast” food instead of your usual diet. Try to find a supplier of familiar food, and eat plenty of fresh fruit and vegetables.

1. **Stetson Meal Plan:** A meal consists of one entrée, four side items, and unlimited fountain beverage refills. Each meal plan comes with an allotted amount of meals for the week. The week starts on Sunday and ends Saturday evening, therefore every Sunday morning the plan will reset. Plans come with a pre-determined amount of flex dollars for the semester. Flex dollars are spend able dollars in the debit form that can be spent in various places around campus. At the end of the Fall Semester all flex dollars that are left will roll over to the Spring Semester. At the end of the spring semester any flex dollars left are not refundable.

Meal Plan choices for 2012-2013:

PLAN SELECTION:

A. 19 meals plus \$50 HatterBucks	\$2300.00 per semester
B. 15 meals plus \$175 HatterBucks	\$2300.00 per semester
C. 17 meals plus \$50 HatterBucks	\$2005.00 per semester
D. 13 meals plus \$175 HatterBucks	\$2005.00 per semester
E. 10 meals plus \$175 HatterBucks	\$1610.00 per semester

F. 7 meals per plus \$175 HatterBucks	\$1195.00 per semester
G. 115 meals per semester plus \$250 HatterBucks (Block Plan)	\$1225.00 per semester
H. 28 Meals plus \$50 HatterBucks	\$2875.00 per semester

See <http://www.stetson.edu/administration/dining-services/mealplans.php> for details on Stetson University meal plans.

2. **Local Food Markets:** The Deland community has several places for you to grocery shop if you prefer to prepare your own meals. Here are just a few that you might consider visiting:

Deland Asian Market: Able to find an array of foods for Asian cuisine.
114 N. Woodland Blvd. (386)736-9905.

La Guadalupana: Carrier of Mexican and other Latin foods.
1097 S. Woodland Blvd. (386) 738-2761.

Publix: General Grocery store with an array of American and ethnic foods.
299 E. International Speedway Blvd. (386) 734-7112.

Wal-Mart Super center: Large store with both food and other household goods.
1699 Woodland Blvd. (386) 734-4420.

Deland Natural Market: Large store with Organic & Gluten-Free Foods & Bulk Grains.
933 N Woodland Blvd. (386) 734-7553

3. **Local Restaurants:** Deland has an array of restaurants specializing in ethnic cuisine. Most of these establishments are found in the downtown area. We encourage you to visit these places and let your pallet taste a bit of the world.

Experiencing the Area

Stetson prides itself in being a quaint town where you really get to know your neighbors, yet large enough to have its own Wal-Mart, Chili's and local chains to modernize the area. Although Stetson does not endorse any of the following recipes in the brochure below, we encourage you use it to your advantage in enjoying the town.

<http://www.stetson.edu/administration/public-relations/media/suLife11-12-5.pdf>

Below is also a link to Stetson's Student Government Association's page where they have kindly listed restaurants and vendors that provide discounted prices for Stetson students with their ID.

http://www2.stetson.edu/sga/Student_Discount_Program.html

Transportation

Ask an American about transportation in the U.S. and they may say that the only way to “get around” is to have a car. Unfortunately, many international students are frustrated with the limited U.S. transportation system. However the information below will help discover some of your options.

1. Local Area Transportation Options:

- VOTRAN (Volusia County Public Transit System) BUS
 - Limited local service; may not be as convenient as local buses in your home country
 - Takes you to Orlando and other locations throughout Volusia county
 - <http://www.votran.org>
 - Phone Number (386) 943-7033
- Boulevard Taxi
 - Phone Number: 774-1104
- Deland Taxi
 - Phone Number for Price Quotes: 736-4486
 - Phone Number for pick-up: 374-8484

2. Rental Car Options: Generally, you must be 25 years old to rent a car. Some companies will rent to you if you are 21, but you will pay extra.

- MUST have a credit card to rent a car
- Deland - Enterprise Car Rental (Phone number 738-4013)
- Orange City – Budget Car Rental (Phone number 386-774-2320)

3. Greyhound Bus:

- Convenient and inexpensive for regional and national travel
- Station is located at 224 E OHIO AVE in Deland (very close to Stetson)
- Phone Numbers: (386) 734-2747 in Deland, or toll free 1-800-229-9424
 - <http://www.greyhound.com/>

4. Amtrak (Train):

- Can sometimes be more expensive than flying
- Not as punctual or direct as trains may be in your home country
- Station is located at 2491 Old New York Ave. in Deland
- Toll free phone number **1-800-USA-RAIL (1-800-872-7245)**
- <http://www.amtrak.com/index.html>

5. Airports:

- Daytona Beach International Airport (DAB): <http://flydaytonafirst.com> Closest to campus (approximately 20 miles each way)
Much smaller than Orlando Intl. Airport (OIA)
It is often more expensive to fly in and out of DAB than OIA
- Orlando International Airport (OIA): <http://www.airport-orlando.com>
Approximately 51 miles from campus (each way)
Allow at least 1.5 hours driving time each way

6. Getting to the Airport:

- Taxi
 - To DAB: Approximately \$40.00 (plus 10-15% tip)
 - To OIA: Approximately \$100.00 (plus 10-15% tip)
- DOTS (Daytona-Orlando Transit Services) Shuttle bus
 - Fare \$30.00 one way, \$55.00 round trip
 - Will drop you off at the Howard Johnson Hotel in Deland
 - Call 1-800-231-1965 to make reservation
 - <http://www.dots.daytonabeach.com> to check schedule

7. Useful tips on traveling by air in the U.S.:

- Arrive 1-2 hours early for domestic flights and 2-3 hours early for international flights
- Be patient with security checks
- Review the current guidelines for what you can and cannot take in your carry-on luggage
- Do not pack prohibited objects like scissors, pocketknives, and corkscrews in your carry-on bag
- Bring a government-issued photo ID (driver's license or passport)
- Bring your ticket or a printout of your itinerary for your E-ticket

8. Useful websites for making travel plans

- www.orbitz.com (flights, rental cars, hotels, etc.)
- www.travelocity.com (flights, rental cars, hotels, etc.)
- www.mapquest.com (maps & driving directions)

Communication & Identification

1. The Telephone

- On Campus vs. Local vs. Long Distance vs. International Calls
 - On-campus = x8165
 - Local calls* (Deland) from campus phone = 9-738-1234
 - Long distance* (different city or state) = 1 -area code- 7 digit local number
 - *Examples: 1-407-123-4567 (Orlando), 1-202-123-4567 (Washington D.C.)*
 - International*= 011-country code-city code - number
 - "Toll free" or "888 numbers" are always free =(1-800-123-4567)

- Particulars about on-campus phones
 - Must provide your own phone
 - When calling off campus from a campus phone, you must always dial 9 first, then the number
 - To call internationally from campus, you must set up an access code
 - Should have received this with other welcome materials from ResLife
 - Call 1-800-YES-ECCI for more information on calling long distance from campus
 - No fee for incoming calls, and no fee for local calls
 - Fee per minute for outgoing calls depends on where you are calling
 - "Shop around" to find the best per minute price for calling your home country
 - Search the internet
 - Ask another international student from your country cheapest rates
 - Setting up voice mail can be challenging—see attached instructions

2. Mailing Options & Services

- U.S.P.S. (United States Postal Service) is usually the most economical method <http://www.usps.com/> located outside of the post office and 336 East New York Avenue, Deland. For more information please call (386) 943-3725.

- FedEx (www.fedex.com) and DHL (www.dhl.com) are also available at the Campus Post Office; they cost much more than the U.S.P.S, but are much quicker, and more reliable.

- The campus Post Office can be very helpful if you have questions about the best way to mail things.

- All students have their own on-campus mailbox: Mail should be addressed as follows:
 - First Name Last Name
421 N. Woodland Blvd; Unit XXXX
Deland, FL 32723

3. Fax

- You can send and receive faxes at WORLD: International Learning (Fax Number 386-822-8167)
- You must pay \$1.00 per page for sending international faxes; receiving faxes is free
- If someone is sending you a fax to WORLD: International Learning, please tell them to make sure your name is on it!
- We will do our best to contact you if you receive a fax at WORLD: International Learning, but you may also contact us (x8165) to inquire after a fax if you are expecting to receive one

Forms of Identification

There are many forms of identification that you may need to have and carry with you. Some identification (ID) is used to obtain other forms of ID, so read the required documents carefully. Consider your purposes for having each form of identification. Remember that some are a “photo ID” requiring a picture to be taken of you.

**Indicates ID is issued by a U.S. government agency*

1. **Stetson Student ID:** Stetson requires that all students obtain and carry this ID card regardless of whether the student has a meal plan or lives off campus. It is a photo ID provided by Stetson University that permits access to computer labs, Hollis Center, theater shows and other university events for free or at a discount. When you buy a meal plan from the university, you use your card to purchase the food from university restaurants. Also, local stores and many movie theaters will offer student discounts when you show your Stetson ID.
2. **State of Florida Driver’s License *** This photo ID is issued by the state of Florida when you present yourself as a capable driver along with proper identification materials at the State of Florida Department of Highway Safety and Motor Vehicles. Since it is government issued, it provides proof of your age, address, birth date etc.
Call the DeLand office of the Department of Highway Safety and Motor Vehicle (386) 736-5326 or see Web site: <http://www.hsmv.state.fl.us/html/dlnew.html> for more information.
3. **State of Florida Photo ID *:** This photo ID is also issued by the state of Florida when you present yourself with proper identification. Since it is government issued, it provides proof of your age, address, birth date etc. Call the DeLand office of the Department of Highway

Safety and Motor Vehicle (386) 736-5326 or see Web site:
www.hsmv.state.fl.us/html/dlnew.html for more information.

4. **Social Security Card** *: The U.S. federal government issues this card and the number printed on the card. The Social Security Number (SSN, “your social”) serves many identification purposes, such as a tax identification number, which is required for on-campus employment. It is also used for filing your income tax with the U.S. government Internal Revenue Service (IRS). See ISA for more information.
 - A social security number can only be obtained if you have secured an on-campus job, or have been approved for need-based work permit, CPT, or OPT.
 - Documents required: passport (issued at least one year ago), current I-94, I-20 or DS-2019, evidence of full-time attendance (J-1, depending on category, may require authorization letter
 - If you need a social security number to work on campus, please call us and we will help you throughout the process: (386) 822-816

Banking

Banking Basics

1. **Checking Accounts:** A checking account, called a "current account" in many countries, is a convenient way to pay your bills and to pay for large purchases. A canceled check serves as a legal receipt for bills paid. To open an account, go to the bank of your choice and the receptionist will direct you to someone who can describe that bank's services and charges, if any. You will be required to present your passport or other photo ID when you open your account. The primary banks in DeLand are Bank of America, Suntrust, and WellsFargo.

2. **Emergency Funds:** There might be a time where you will need money sent to you in case of an emergency and perhaps a bank wire is not possible. One way to do so is via Western Union. Visit <https://wvmt.westernunion.com>

4. **Banking:** Banks provide many services, including checking and savings accounts, 24-hour Automatic Teller Machines (ATMs), foreign currency exchange, traveler's checks, and money orders.
 - Bank of America (386) 943-6009
 - Suntrust (386) 738-9477
 - WellsFargo (386) 734-5818

Laws and Consequences

As a student at Stetson University in Deland Florida, you are subject to the laws of the U.S., State of Florida, and the City of Deland, and the County of Volusia. Your Connections, Campus Life Handbook & Calendar will offer more detailed information of the laws described below.

1. **DRUG USE:** Illicit drug purchase, possession and use are a crime under state and federal law. Illicit drugs include, but are not limited to marijuana, cocaine, heroin, ecstasy, methamphetamines etc. Consequences for use, possession and/or intent to sell vary in severity, ranging from fines and probation to imprisonment.

2. **ALCOHOL USE:** Laws prohibit a variety of alcohol related conduct, including the purchase, possession, and consumption of alcohol by any person less than 21 years of age. Another law that many people are not familiar with is that no person (no matter what age) shall have an open can, bottle, keg or other container of any alcohol or non-intoxicating beer in any public place or while driving or riding in a motor vehicle.
NOTE – Violations of these laws are punishable by fines, imprisonment or both.
 - Stetson University allows consumption of alcohol on campus under certain guidelines including:
 - In private dorms by students of legal drinking age
 - IN approved common areas of Greek Houses under certain guidelines
 - In areas designated for social functions
 - Alcohol cannot be consumed or possessed in any outdoor area of campus, in any classroom, lab or office
 - No alcoholic beverages can be sold on Stetson campus
 - Certain areas are designated as alcohol free

3. **Driving:** Please refer to the Web site below:
 - Florida Department of Highway Safety and Motor Vehicles
<http://www.hsmv.sate.fl.us/>

For more information, please read the Student Code of Conduct.

NOTE - If you are arrested for any reason, contact WORLD immediately!

Safety, Security and Health Concerns

Dealing with Emergencies

1. **University Public Safety:** Campus Public Safety Officers are on campus and are there to secure the safety of students. The Public Safety Office is open 24 hours a day, every day, all year. They offer many services, including:
 - Emergency Phones (21) throughout campus (blue light above phone) to be used in emergencies only.
 - Escorts are available to accompany individuals to their destination after dark. Call Ext. 7300 to request an escort.
2. **Emergency Phone Numbers:**
 - The national emergency phone number is 911. Dial this number from any phone and you will immediately reach assistance in an emergency. USE ONLY IN AN EMERGENCY.
 - If you are on campus and have an emergency first dial Public Safety at 7300.
 - If you dial 911 from a cell phone make sure that you know your location for emergency vehicles to know how to find you.
 - Make sure to contact WORLD in a timely manner of your emergency at 8165.
 - Keep a list of emergency numbers by your dorm room phone. Be sure that someone you trust can contact your family in case of an emergency by giving a copy of your family's phone numbers.