VALUES DAY 2024 "WHAT SHOULD STETSON'S VALUES BE?" Thursday, November 14, 2024

Schedule Time Event Location 8:30-9:45am Workshop Block #1 Various (see p. 4 for list) Workshops offered by students, faculty, staff, and community members. 10:00-11:15am Workshop Block #2 Various (see p. 5-7 for list) Workshops offered by students, faculty, staff, and community members. 11:15-1:00pm **Global Citizenship Fair** Stetson Green Discover opportunities for internships, research, jobs, and studying abroad - all while enjoying free treats provided by Schmancy Pops. 11:15-1:00pm **Community Lunch** Commons Free lunch provided to anyone – students, faculty, staff, and community members – who does not already have a meal plan. Join folks you know, or folks you want to know better, for discussion about your values and what you think Stetson's values should be. 1:00-4:15pm Deliberative Dialogue on Stetson's Values CUB, Carr Stetson Room Join other students, faculty, staff, and community members in a facilitated discussion, led by the Center for Public Opinion Research (CPOR), about Stetson's Values. No prior knowledge is necessary to participate. Refreshments and snacks will be provided. Registration is encouraged (though not required) at <u>www.stetson.edu/values-day</u>. (See p. 3) 4:15-5:30pm Workshop Block #3 Various (see p. 7-8 for list) Workshops offered by students, faculty, staff, and community members. 4:15-5:30pm Let's READ: Reflect, Engage, and Affirm Diversity! Brown 140 As part of Workshop Block #3, participants may attend the launch of this year's Stetson R.E.A.D., led by Dr. Rajni Shankar-Brown. Registration is encouraged; see p. 8 for details. 5:30-7:00pm *Remembering Innsbruck* (Documentary) Elizabeth Hall 315 Attend this screening of *Remembering Innsbruck*, a documentary recounting how the Stetson community was affected by an avalanche that took the lives of three Stetson students in 1979. Honor the memory of Scotty, Dennis and Katy as we reflect on moving forward through tragedy, and what we learn about ourselves, our values, and the strength and comfort to be found within the Stetson community. 5:30-7:30pm Soul (Movie) Library 25L What does it mean to find and follow your passions? Discuss that topic and others as part of a screening of the 2020 Disney Pixar movie Soul. 7:00-9:00pm Values Day Concert CUB, Libby Lawn Enjoy an evening of blues music performed by Stetson students and faculty, including Jarobi Watts '25, Jodi-Ann Taylor '24, Dr. John Tichenor, and other faculty guest performers. Food and drinks – including beer and wine for attendees who are 21 or older (bring an ID!) – will be available for a donation, with all proceeds going to the local non-profit organization Support Volusia.

Personal Boba Personal Boba Boba Boba

About Values Day

Values Day is an annual tradition established by Stetson University's eighth president, H. Douglas Lee, and is dedicated to the university's core values: personal growth, intellectual development, global citizenship, and personal and social responsibility.

Values Day is designed to continue the dialogue between students, faculty, staff, and community members so that the Stetson University community reflects and acts upon our shared core values. To allow the entire Stetson University community to attend, the university cancels classes and closes offices, with the exception of evening graduate classes. The entire community is expected to participate in this day of reflection, community, and action.

Learn more at <u>www.stetson.edu/values-day</u>.

Principles for Healthy Conversation

Talking about our values can be challenging, especially when we get into topics that are more contentious. To that end, here are three easy-to-remember tips that may help you navigate those challenging conversations.

- 1. Agree on what game you're playing. There's a difference between *debate*, *discussion*, and *dialogue*. Debates are competitive, and the objective is to win. Discussions are informative, and the objective is to learn. Dialogues are constructive, and the objective is to solve problems. If you try to have a dialogue with someone who wants a debate, you'll just get frustrated. Don't do that to yourself.
- 2. Be the listener you want them to be. Sometimes, people won't take the time to understand you until they themselves have been understood. So, give them the space and the attention to do that; odds are, they'll then reciprocate for you. Bonus points if you are so attentive that you realize you might have misunderstood someone, which then helps you find common ground or solve a problem.
- 3. When in doubt, ask open-ended questions. It seems obvious, but the best way to understand someone is to give them a chance to talk. Ditch the questions that are likely to result in dead-ends or made-for-TV sound bites, such as "Are you a Republican or a Democrat?" or "Do you think abortion is wrong?" Instead, invite them to share who they are by asking questions like "What experiences in your life led you to believe that?" or "What is something that others misunderstand about you?" (And, remember #2: if you do this well, they'll likely reciprocate for you. Win-win!)

About Our Keynote Program

Deliberative Dialogue on Stetson's Values

1:00-4:00pm @ CUB (Carr Stetson Room)

Every university is guided by a set of values, and those values can change over time. What better time to discuss whether our values are in need of change than Values Day itself? To that end, Values Day 2024 is a day when all our stakeholders - students, faculty, staff, alumni, trustees, and community members - have the opportunity to learn, present, discuss, and interrogate ideas about what our institutional values are (and what they ought to be) through a variety of workshops, activities, and programs



The central program for the day will be a Deliberative Poll happening from 1-4 p.m. Initiated by the Board of Trustees' working group on Stetson's Values, Vision, and Mission, we will use "Deliberative Polling" to bring together the Stetson community to examine and potentially reimagine Stetson's Core Values and Mission. Like a traditional poll, "Deliberative Polling" is meant to understand people's views on a topic. Unlike a traditional poll, though, this method ensures that people's views are *informed* by expert opinions from multiple perspectives, as well as by significant facilitated small-group deliberation. Because information will be curated and provided to all attendees, no previous knowledge about Stetson's values is required.

The Deliberative Polling methodology was developed by researchers at Stanford University. For more information on Deliberative Polling, please see <u>Stanford Deliberative Democracy Lab.</u>



Registration is requested for this event, though walk-ins will be welcomed until the program reaches capacity. Register online at www.stetson.edu/values-day.

Left: Dr. David Hill shares instructions with participants during the Values Day 2023 Deliberative Dialogue on Spring Hill.

Workshop Block #1

8:30-9:45am

Changing the Narrative on Philanthropy (Brown 140)

Brittney Cunningham, Senior Associate Director of Annual Giving and Young Alumni Jenn Williams, Associate Director of Annual Giving

We're changing the narrative on what it means to give, offering you the tools to support Stetson and causes that align with your values. Where and how you choose to give back reflects your values and your role as an active member of your community. Philanthropy doesn't have to be intimidating or feel like a sales pitch. Making a difference requires all of us, and you have the power to contribute in meaningful ways. Together, we can shape a stronger future.

The Healing Power of Intersectional Storytelling: Building Beloved Community and Promoting Justice (Sage 257)

Dr. Rajni Shankar-Brown, Professor and Jessie Ball duPont Distinguished Chair of Social Justice Education

In this dynamic and interactive session, we will explore storytelling as a transformative vehicle for healing, understanding, and promoting justice. Designed and facilitated by Dr. Shankar-Brown, this interactive workshop will illuminate the deep connections between values and identities, emphasizing the profound impact that stories can have across various disciplines.

Seed Garden (Brown Hall Teaching Garden)

Dr. Luca Molnar, Assistant Professor of Studio Art Landon Newton, Visiting Artist, co-sponsored by the Hand Art Center, Sustainable Food Systems program, and Creative Arts department

Seed Garden is approached through the lens of the ongoing project, The Abortion Herb Garden, a collaborative research-based installation by the artist, gardener, and independent researcher Landon Newton. Planted exclusively with abortifacient, emmenagogic, and contraceptive herbs at the Brown Hall Teaching Garden, each plant included has historically been used for contraception, birth control, and/or abortion. Values Day Workshop participants will respond to "seed" questions about their vision for the future of reproductive healthcare and create cyanotypes using plants from the installation. These collaborative contributions will be incorporated into Seed Garden and exhibited on campus at a future date.

**Expanding Violence in the Middle East: How Can We Respond? (online via Zoom)

Dr. Paul Croce, Retired Professor of History and American Studies

Long-standing tensions between Israelis and Palestinians exploded a year ago. Americans, half a world away, are still heavily involved. Efforts for more peaceful relations have collapsed so often that the scene invites despair. How should members of the Stetson community respond? This session emerges from hope that may sprout with increased understanding of the perspectives of each side. This use of our college thinking will allow us to listen to those around us, even those with contrasting views. Let's explore the possibilities together.

**Registration is required for this workshop, and registrations will be accepted until the workshop begins at 8:30am. Register using this link: <u>https://forms.office.com/r/fCSmY8U6f5</u>. Registrants will be emailed a link to join the session.

Workshop Block #2

10:00-11:15am

Explore Your Personal Values with Residential Living & Learning (LBC 220)

Residential Living & Learning Staff

In this interactive workshop, participants will engage in a hands-on activity designed to help them identify and prioritize their personal values. This session will guide you in applying your top values to the unique challenges and opportunities of being a member of the Hatter Community. Walk away with a clearer understanding of what matters most to you and how to make choices that align with your core beliefs, fostering a more intentional and fulfilling college experience. Perfect for anyone seeking deeper self-awareness and connection within their campus community!

Unsafe Spaces: How Effective Are Mental Health Treatments? (Sage 222)

- Dr. Michael Eskenazi, Associate Professor of Psychology
- Dr. Chris Ferguson, Professor of Psychology
- Dr. Danielle Lindner, Associate Professor of Psychology

Unsafe Spaces is an annual event held by the psychology department to showcase Stetson's values of intellectual development, academic freedom, and open expression. Each edition focuses on a controversial topic and demonstrates how we can disagree with each other in an intellectual and kind way. In this edition of Unsafe Spaces, we will explore the effectiveness of various psychological treatments for mental illness. Panelists will debate different treatment approaches, what it means to be cured, what mental illness is, and many other questions presented by the audience. Attendees will learn about mental health treatments, but more importantly, will observe intellectual development in action.

Ukraine and Global Citizenship (Library 25L)

Dr. Martin Blackwell, Visiting Professor of History Genevia Gayden, Class of 2026 Political Science Major Dr. Mayhill Fowler, Associate Professor of History Dr. Olena Kolupayeva, Assistant Professor of Practice in Journalism Dr. Elizabeth Plantan, Assistant Professor of Political Science

Stetson University already consists of students preparing themselves to become informed, active and engaged citizens of both local communities and the world. This panel focuses on Ukrainians and their experiences of Russia's full-scale invasion of their country these last two and a half years. With focuses on the occupied territories, cultural production, media coverage and the destruction of the environment, our four panelists will engage with Stetson University and explain what we need to know to better understand the current violence in Ukraine and why it is important to us here in Florida in November 2024.

False Reports: Debunked (Brown 139)

Sara Smith-Paez, Director of DOJ Grant Corey Sipe, Program Lead De'Vanese John-Baptiste, Program Lead Victoria Ramon, Program Lead

False sexual assault reports are rare, estimated at 2-3% of all reports. Yet, many believe they're rampant. This presentation will provide data on false reports, including the myth's history, perpetuating social factors, signs of actual false reports, and how the belief in common false reports has affected the justice system. Stetson strives for progress, accountability, and justice. This presentation will encourage participants to challenge themselves to unlearn ideas holding us back from living those values.

**Simple Changes for a Big Impact (Rinker Environmental Learning Center)

Dr. Cindy Bennington, Professor of Biology Dr. Kristen Mattson, Director of Gillespie Museum Kathryn Carpenter, Sustainability and Resilience Coordinator Avery Brooks, Environmental Fellow Phoenix Medley, Environmental Fellow Sowren Wildingcrayne, Hatter Harvest Co-President Theo Goldberg, Hatter Harvest Co-President

Given that the Earth and the living things it supports provide humans with the air we breathe, water we drink, energy we consume, and resources we use to make our lives more convenient, we should all ask what we can do to reduce our impact. This Values Day workshop, co-hosted by the Office of Sustainability and Resilience (and our AmeriCorps Member), Environmental Fellows, Hatter Harvest, and the Volusia Sandhill at the Gillespie Museum, will allow participants to act on their desire to live more sustainably by exploring their interests in sustainable fashion, organic gardening, and native plants.

**Note: Participants are encouraged to bring any unwanted clothes they might want to upcycle.

Cultivating Values: A Discussion on Food Equity (Sage 257)

August Maulfair, AmeriCorps VISTA – Food Equity Coordinator Prof. Robert Maglievaz, Assistant Professor of Practice of Public Health Dr. Sarah Cramer, Assistant Professor of Sustainable Food Systems Dr. Rajni Shankar-Brown, Professor and Jessie Ball duPont Endowed Chair of Social Justice Education Danielle Redman, Student

Join August Maulfair, Food Equity Coordinator, as they moderate a dynamic discussion on the intersection of food, equity, and values at Stetson University. This panel features faculty experts in food systems and food equity, alongside students conducting research in these fields. Together, we will explore what Stetson's food values are and should be, examine the values of the surrounding community, and discuss how these principles can be put into practice. Through this dialogue, we aim to reimagine what food equity looks like and identify actionable steps to bring these values to life.

What the hell just happened? Processing the 2024 election (Brown 140)

Dr. Alan Green, Professor of Economics

For both political and economic reasons, the 2024 U.S. Presidential election is seen as a potential turning point as the country decides whether to turn inwards, away from globalization and leadership of the world economy, or continue to engage with and attempt to improve the neoliberal economic order. Domestically, the election stretched the limits of appropriate words and actions, and the validity was questioned long before any votes were cast. This event will review what happened and discuss what might come next.

Connecting Values: Discover Your Role in Stetson's Social Change Ecosystem (Brown 234)

Naya Adla, Bonner Program Student Coordinator Ariel Castillo, Bonner Program Student Coordinator

This interactive workshop invites participants to explore Stetson's values through the Social Change Ecosystem, a framework developed by Deepa Iyer. We'll examine roles like 'Weaver,' 'Visionary,' and 'Disruptor' and discuss how each contributes to shaping our community's values. Whether you're interested in understanding your impact on Stetson or engaging in reflective discussions, this workshop offers a space to consider the values we embody and those we aim to grow. Join us in mapping out how our unique roles can drive positive change at Stetson!

Healthy & Vibrant... Naturally (LBC 223)

Dr. Jose Bonilla, Health Scientist

Human health is declining in this country. The USA is number 40 in the Global Health Index. The good news? This trend is reversible. Together we can reverse this trend to move our country from #40 to top 10 in the world health index. How do we do it? This workshop will focus on discussing solutions to our health crises.

Seed Garden (Brown Hall Teaching Garden)

Dr. Luca Molnar, Assistant Professor of Studio Art Landon Newton, Visiting Artist, co-sponsored by the Hand Art Center, Sustainable Food Systems program, and Creative Arts department

Seed Garden is approached through the lens of the ongoing project, The Abortion Herb Garden, a collaborative research-based installation by the artist, gardener, and independent researcher Landon Newton. Planted exclusively with abortifacient, emmenagogic, and contraceptive herbs at the Brown Hall Teaching Garden, each plant included has historically been used for contraception, birth control, and/or abortion. Values Day Workshop participants will respond to "seed" questions about their vision for the future of reproductive healthcare and create cyanotypes using plants from the installation. These collaborative contributions will be incorporated into Seed Garden and exhibited on campus at a future date.

Workshop Block #3

4:15-5:30pm

Latin American and Latinx Studies in Puebla, MFE 2024 (Sage 257)

Dr. Joshua Deckman, Assistant Professor of Spanish and Latinx Studies Nikki Membiela, student Sierra Rouse, student Cole Caven, student

This session will showcase reflections from students who participated in the Mentored Field Experience in Puebla, Mexico, integrating Stetson University's Values into their academic and personal development. Through a blend of personal storytelling and academic analysis, students will discuss how their coursework prepared them for this immersive research opportunity. They will explore their individual educational paths, the fieldwork conducted in Puebla, and the profound impact of engaging with local communities. Each student will also look forward, considering how their growth aligns with their future academic, professional, and personal goals. By sharing their experiences, they aim to "perform" the larger conversation on Stetson's evolving values, embodying how students can enact and interrogate these principles in real-world contexts. This interactive session offers the Stetson community a chance to witness the transformative impact of experiential learning and reflect on how institutional values are lived and can be reimagined for a dynamic future.

Kindness through Crafts: A Look at Stetson's Value of Kindness (CUB Lee's Garage)

Taylor Hibel, Associate Director of Community Engagement Mallory Holland, AmeriCorps VISTA – Bonner Program Coordinator

In this workshop, we will discuss research on the effects of kindness, encouraging participants to reflect on how kindness is an integral part of Stetson's culture. Participants will reflect on the power of kindness through crafting. We will teach simple crafts to show how these crafts can be used to brighten someone's day. Attendees will leave with completed crafts and practical ideas for integrating kindness into their daily lives at Stetson. This workshop will emphasize how acts of kindness contribute to fostering an inclusive and value-driven campus culture, empowering participants to embrace kindness as a value of Stetson's community.

**Let's READ: Reflect, Engage, and Affirm Diversity! (Brown 140)

Dr. Rajni Shankar-Brown, Professor and Jessie Ball duPont Endowed Chair of Social Justice Education Camila Madriz Figueroa, 2024-25 Stetson Student READ Leader and Co-Chair Valen Siddhartha Shankar-Brown, 2024-25 Stetson Student READ Leader and Co-Chair Liliana Perry, 2024-25 Stetson Student READ Leader Mel Mitchell, 2024-25 Stetson Student READ Leader Lexie Johnson, 2024-25 Stetson Student READ Leader Kaitlyn Alexander, 2024-25 Stetson Student READ Leader Nathaniel Tsang, 2024-25 Stetson Student READ Leader Ava David, 2024-25 Stetson Student READ Leader

Students, faculty, staff, and community members are warmly invited learn more about the Stetson R.E.A.D. (Reflect, Engage, and Affirm Diversity) program and help us kick off the 2024-25 year! Established in 2013 by Dr. Rajni Shankar-Brown, Stetson R.E.A.D. is an interdisciplinary initiative designed to amplify diverse voices across various fields, foster beloved community, and provide students with leadership development opportunities. The program integrates both fiction and nonfiction texts to encourage critical conversations and promote community building.

Previous R.E.A.D. selections have included Isabel Wilkerson's acclaimed *Caste: The Origins of Our Discontents*, Ibram X. Kendi's *How to Be an Antiracist*, Octavia E. Butler's *Parable of the Sower*, Richard Blanco's *The Prince of los Cocuyos*, and *Presumed Incompetent: The Intersections of Race and Class for Women in Academia*, edited by Gabriella Gutiérrez y Muhs, Yolanda Flores Niemann, Carmen González, and Angela Harris. Other notable works include *Brown Girl Dreaming* by Jacqueline Woodson, *Free Lunch* by Rex Ogle, and *Date and Time* by Phil Kaye, *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* Paperback by Resmaa Menakem, *The Poet X* by Elizabeth Acevedo, among many others. The R.E.A.D. program has also facilitated the presence of dynamic authors on our campus during Values Day and connected activities.

This year we will use a variety of texts including *Tell Me Who You Are: A Road Map for Cultivating Racial Literacy* by Winona Guo and Priya Vulchi; *Solito: A Memoir* by Javier Zamora; *This Book Won't Burn* by Samira Ahmed; and poetry by Maya Angelou.

**Registration is requested for this workshop. Register using this link: <u>https://forms.office.com/r/XEj79s3ShP</u>. If you have any questions about the R.E.A.D. program, need further assistance, or need accommodations, please email: <u>rshankar@stetson.edu</u> and/or <u>cmadrizfigueroa@stetson.edu</u>.

Know where your produce is from: A panel with the Farmworkers Association of FL (Sage 218)

Dr. Rachel Core, Associate Professor of Sociology Members of the Farmworkers Association of Florida Students in Sociology 300

Join us in promoting community engaged learning as we hear from members of the Farmworkers Association of Florida. They will be discussing issues farmworkers face on a daily basis, how to support farmworkers, and the importance of knowing where your food comes from.

Quality of Health: Mind and Body Connection (Brown 234)

Julienne Kaidor, Adjunct Professor

Join this workshop to discuss everything about what you put into your body through nutrition, how much and how often you should eat, everything that you expose yourself to in your environment, and how movement effects our quality of health.

Movie Screenings

Disney/Pixar's "Soul" (Library 25L)

Temiloluwa Adejiji, student Tristyn Rampersad, student Dr. Martin Blackwell, Visiting Professor of History

As college students, we constantly attach our values to our ambitions and goals. As a result, we place a lot of pressure on ourselves to achieve them and have a bad habit of devaluing ourselves when we fail or fall short. Finding Value In Your Everyday Life is about looking beyond your purpose and understanding that you are already enough. That being present is just as important as achieving. Grab a friend and a blanket and come enjoy the Disney Pixar movie "Soul", and learn what it means to find your "spark".

"Remembering Innsbruck" (Elizabeth Hall 315 – John E. Johns Room)

5:30-7:00pm

Amy Gipson, Associate Vice President for Development & Communications Rina Arroyo, Chief of Staff Dr. John Tichenor, Professor of Management and Eugene M. Lynn Chair in Business

Attend this screening of *Remembering Innsbruck*, a documentary recounting how the Stetson community was affected by an avalanche that took the lives of three Stetson students in 1979. Honor the memory of Scotty, Dennis and Katy as we reflect on moving forward through tragedy, and what we learn about ourselves, our values, and the strength and comfort to be found within the Stetson community.

5:30pm

5:30-7:30pm

Cultural Credits

Students can obtain **up to seven** Cultural Credits through participation in Values Day programs. The following programs have each been approved for Cultural Credit:

- 1. Workshop Block #1
- 2. Workshop Block #2
- 3. Global Citizenship Fair
- 4. Keynote Program: Deliberative Dialogue on Stetson's Values
- 5. Workshop Block #3
- 6. Movie Screening: Remembering Innsbruck -or- Soul
- 7. Values Day Concert

To receive Cultural Credit, students must complete the Cultural Credit request form located on the Values Day website at <u>www.stetson.edu/values-day</u>.

Acknowledgements

Planning Values Day is a significant undertaking. The Values Day Planning Committee wishes to thank the following **offices** for their tremendous support in making the day successful:

- University Events & Conferences
 Services
- University Marketing
- Center for Community Engagement
- Office of Diversity & Inclusion
- Office of Religious & Spiritual Life
- WORLD: The David and Leighan Rinker Center for International Learning
- Center for Public Opinion Research

- Chartwells / Dining Services
- Facilities Management
- Public Safety
- The School of Business Administration
- The School of Music
- The College of Arts and Sciences
- The College of Law
- The Office of the Provost
- The Office of the President

Further, this day would not be successful without the many talented and thoughtful members of our community who proposed **workshops and programs**, which are often the engines of innovation that challenge us to think about and act upon our values in new – and sometimes provocative – ways.

Finally, we owe a debt to our eighth president, **Dr. H. Douglas Lee**, for both his vision of a university grounded deeply in values, and his courage to turn those values into action through initiatives across the university and our surrounding communities. Indeed, that vision and courage could be found, too, in Doug's personal mission and motto: the old Quaker saying, "Let your life speak". May we continue to honor his legacy by making Stetson a place **where learning and values meet.**

