

VALUES DAY 2023

“THINGS WE DON’T TALK ABOUT AT DINNER”

Tuesday, November 7, 2023

Schedule

<u>Time</u>	<u>Event</u>	<u>Location</u>
9:00-10:15am	Workshop Block #1 Workshops offered by students, faculty, staff, and community members.	Various (see p. 4-6 for list)
10:30am-12:00pm	“Great Minds Who Don’t Think Alike” Musical performances by Joseph Parr and the Stetson Gospel Singers, opening remarks by President Christopher Roellke and the Values Day Planning Committee, and keynote program featuring faculty members Dr. Melinda Hall, Dr. Bill Nysten, and Dr. John Rasp role modeling how to disagree about controversial topics while remaining friends. (See p. 3)	Elizabeth Hall, Lee Chapel
12:00-2:00pm	Global Citizenship Fair Discover opportunities for internships, research, jobs, and studying abroad – all while enjoying free treats provided by Schmancy Pops.	Stetson Green
12:00-2:00pm	Community Lunch Free lunch provided to anyone – students, faculty, staff, and community members – who does not already have a meal plan.	Commons
1:00-3:30pm	Deliberative Dialogue on Spring Hill Join other students, faculty, staff, and community members in a facilitated discussion, led by the Center for Public Opinion Polling (CPOR) and the Center for Community Engagement (CCE), about the prospect of annexing the greater Spring Hill community of southwest DeLand. No prior knowledge of Spring Hill is necessary to participate. Refreshments and snacks will be provided. Registration is encouraged (though not required) at stetson.edu/values-day . (See p. 3)	CUB, Stetson Room
2:15-3:30pm	Workshop Block #2 Workshops offered by students, faculty, staff, and community members.	Various (see p. 6-7 for list)
3:45-5:00pm	Workshop Block #3 Workshops offered by students, faculty, staff, and community members.	Various (see p. 7-9 for list)
5:30-6:30pm	Remembering Innsbruck Documentary Attend this screening of <i>Remembering Innsbruck</i> , a documentary recounting how the Stetson community was affected by an avalanche that took the lives of three Stetson students in 1979. Honor the memory of Scotty, Dennis and Katy as we reflect on moving forward through tragedy, and what we learn about ourselves, our values, and the strength and comfort to be found within the Stetson community.	LBC, Rinker Auditorium
7:00-9:00pm	Old School Blues Jam Concert Enjoy an evening of blues music performed by Stetson students and faculty, including Jarobi Watts '25, Jodi-Ann Taylor '24, Dr. John Tichenor, and other faculty guest performers. Food and drinks – including beer and wine for attendees who are 21 or older (bring an ID!)– will be available for a donation, with all proceeds going to the local non-profit organization Support Volusia.	CUB, Libby Lawn

About Values Day



Values Day is an annual tradition established by Stetson University's eighth president, H. Douglas Lee, and is dedicated to the university's core values: personal growth, intellectual development, global citizenship, and personal and social responsibility.

Values Day is designed to continue the dialogue between students, faculty, staff, and community members so that the Stetson University community reflects and acts upon our shared core values. To allow the entire Stetson University community to attend, the university cancels classes and closes offices, with the exception of evening graduate classes. The entire community is expected to participate in this day of reflection, community, and action.

Learn more at www.stetson.edu/values-day.

Principles for Healthy Conversation

One reason why there are so many “things we don’t talk about at dinner” is because we lack some of the skills necessary to talk about difficult topics. To that end, here are three easy-to-remember tips that may help you navigate those challenging conversations.

1. **Agree on what game you’re playing.** There’s a difference between *debate*, *discussion*, and *dialogue*. Debates are competitive, and the objective is to win. Discussions are informative, and the objective is to learn. Dialogues are constructive, and the objective is to solve problems. If you try to have a dialogue with someone who wants a debate, you’ll just get frustrated. Don’t do that to yourself.
2. **Be the listener you want them to be.** Sometimes, people won’t take the time to understand you until they themselves have been understood. So, give them the space – and the attention – to do that; odds are, they’ll then reciprocate for you. Bonus points if you are so attentive that you realize you might have misunderstood someone, which then helps you find common ground or solve a problem.
3. **When in doubt, ask open-ended questions.** It seems obvious, but the best way to understand someone is to give them a chance to talk. Ditch the questions that are likely to result in dead-ends or made-for-TV sound bites, such as “Are you a Republican or a Democrat?” or “Do you think abortion is wrong?” Instead, invite them to share who they are by asking questions like “What experiences in your life led you to believe that?” or “What is something that others misunderstand about you?” (And, remember #2: if you do this well, they’ll likely reciprocate for you. Win-win!)

About Our Keynote Programs

Great Minds Who Don't Think Alike

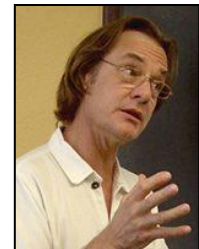
10:30am-noon @ Elizabeth Hall Lee Chapel

As our politics and media have become more fractured, what passes for political discourse now is often people arguing with each other – sometimes by simply yelling, or perhaps by regurgitating scripted talking points without honestly engaging others' views. At best, this approach breeds frustration or apathy; at worst, it devolves into anger or hatred that can turn violent.

We can do better, and institutions of higher education can lead the way.

We can start by normalizing conflict as a healthy byproduct of an engaged, pluralistic democracy. Indeed, conflict can be constructive – when you have conflicting views on an issue, for example, you are able to see it in all its complexity from multiple perspectives, which ultimately puts you in a position to emerge with a stronger idea than you started with. (Some would say that's the point of a liberal arts education.)

In this program, **Great Minds Who Don't Think Alike**, we'll join **Dr. Melinda Hall** (Philosophy), **Dr. Bill Nylén** (Political Science), and **Dr. John Rasp** (Business Systems & Analytics) as they discuss contentious issues the way we hope all Stetson students would – with humility, passion, honesty, and even a bit of humor. From this, we hope you will gain some ideas that will make you a better colleague, a better friend, and maybe, even, a better person.

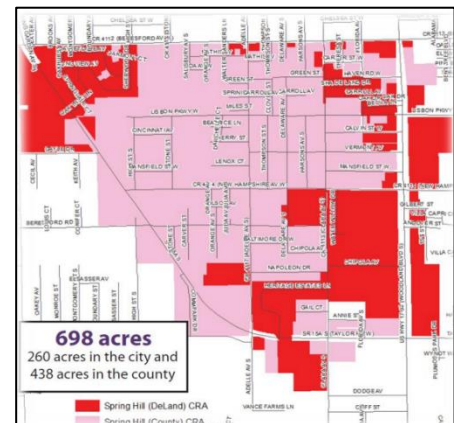


Deliberative Dialogue on Spring Hill

1:00-3:30pm @ CUB Stetson Room

Should the greater Spring Hill community be fully annexed into the City of DeLand? This has been a contentious issue in our local community for decades, and brings into question issues of taxation, representation, economic development, public health, and gentrification, among others.

This event is known as a “Deliberative Opinion Poll” or “Deliberative Dialogue”. Like a traditional poll, this is meant to understand people's views on a topic. Unlike a traditional poll, though, this method ensures that people's views are *informed* by expert opinions from multiple perspectives, as well as by significant facilitated small-group deliberation. Because information will be curated and provided to all attendees, no previous knowledge about Spring Hill or annexation is required.



Registration is requested for this event, though walk-ins will be welcomed until the program reaches capacity. Register online at www.stetson.edu/values-day.

Embracing the Unnamed: Coping Spells for Life's Dementors (LBC 122)

Kristie Perez, Director of Student Counseling Services
Sydney Annas, Graduate Counseling Intern
Joy Harlyinking, Graduate Counseling Intern
Alex Newcomb, Graduate Counseling Intern

Students will embark on an immersive journey inspired by the enchanting world of Harry Potter, delving into the art of identifying stressors (or, as we term them, "life's dementors"). Drawing wisdom from Harry's own coping mechanisms, we will incorporate engaging video clips from Cinema Therapy and other therapeutic Harry Potter resources. Attendees will gain invaluable coping skills, including distraction, grounding, emotional release, thought challenging, self-love, and access to their higher self.

Salon d'Art: Communal Expo on Controversy, Perspective and Meaning (Library Courtyard)

Natalia da Silva, Director of the Homer and Dolly Hand Art Center
Xanthippe Pack-Brown, Serials Collections Specialist at the duPont-Ball Library

Art is powerful. From praise to rage, a single work of art has the potential to impact public discourse. In some cases, impact can last decades or even centuries. After examining pieces both new and old in the duPont-Ball Library's Nemeck Courtyard (located downstairs on the north side of the library), we'll apply our own notions of meaning, perspective, and controversy to a popup Salon d'Art at the Hand Art Center patio.

Braver Angels: Reuniting America Documentary & Discussion (LBC 108 – Rinker Auditorium)

Zander Keig, Braver Angels Equality Caucus Co-Chair

This 50-minute documentary was produced by Braver Angels, a non-profit organization dedicated to fostering positive dialogue among people with different views and reducing the affective polarization – the emotions and attitudes that keep us apart. The documentary covers a live 2017 workshop of participants: half lean conservative (Red) and half lean liberal (Blue). At the end of the documentary, you will see singing by Peter Yarrow (of Peter, Paul, and Mary) and country singer Richard Lynch. There will be a short discussion following the film.

What your grade says about you: Reflecting on your own learning processes (Brown 139)

Dr. Leigh Ann Dunning, Director of the Writing Center
Dr. Megan O'Neill, Associate Professor of English
Dr. Meg Young, Faculty Fellow for Inclusive Pedagogy
Jennifer Williams, Assistant Director of J.J. Master Center for Professionalism

It has happened to all of us; we are disappointed by a grade that we've earned on a writing assignment. What does that grade reveal about you as a learner, thinker, college student? What is the purpose of a grade? In this interactive workshop, participants will reflect on their experiences with being assessed on their writing. In small groups, we will discuss the importance of revision and developing writing processes for growth as a writer. We will brainstorm strategies for engaging in challenging conversations about grades with faculty and other external pressures—such as your family, as well as protecting your mental health.

Finding identity and belonging in the LGBTQ+ community with DeLand Pride (Sage 222)

Heather McLean, Executive Director-Elect of DeLand Pride

Join this interactive session exploring the ways in which gender identity and sexual orientation influence our ability and opportunity to feel like we belong. Learn about the work that DeLand Pride has done in our local community and its plans for the future, as well as participate in a story circle exercise which enables intensive listening in an environment where all voices are as equal as possible.

“It’s Okay to Not Be Okay” and Other Things to Tell Kids & Teens (Sage 257)

Emily Williamson, Regional Community Engagement Manager – Children’s Home Society of Florida
Ernie Hamilton, Regional Executive Director – Children’s Home Society of Florida

Negative thinking patterns can start early in life and affect how a child sees themselves and copes with challenges. In this workshop, we will talk about the effect of trauma on kids and teens, how to build positive self talk, and make positive affirmation jars to share with children receiving Children’s Home Society of Florida counseling services.

Natural Harmony – Blending Native Landscapes and HOA Regulations (Brown 140)

Dr. Cindy Bennington, Professor of Biology
Dr. Jason Evans, Associate Professor of Environmental Science
Dr. Kristen Marshall Mattson, Director of the Gillespie Museum
Chris Hite, President at Dix.Hite + Partners
Phoenix Medley, Environmental Fellow
Jacob Robinson, Environmental Fellow

Join us for a thought-provoking event featuring Stetson faculty and community experts. We will delve into the challenge of balancing the ecological benefits of native plants with the need for visually appealing and well maintained landscapes. We will explore strategies to incorporate professional design, formal maintenance protocols, and economic considerations, such as water and fertilizer savings, in promoting the widespread adoption of native plants.

***Overdose Prevention: Recognition and Response (Sage 218)**

Lauren Hancock, Associate Director of Wellness and Recreation

From 1999-2021, nearly 645,000 people died from an overdose involving any opioid, including prescription and illicit opioids, with 220 people dying every day from an opioid overdose in 2021. During this session, we will explore the epidemic by discussing types of opioids and epidemic data, current overdose prevention initiatives, how to recognize and respond to an overdose, and how to obtain Naloxone (Narcan). *(*Note: From 10:00-2:00 at Palm Court, members of the Stetson community may turn in unwanted/unused/expired prescriptions, over-the-counter medications, and Electronic Nicotine Delivery Systems (aka ENDS or vapes) in exchange for Publix gift cards. WELL Team members and community experts will also educate attendees about drugs, tobacco products, and Narcan.)*

The Legacy of the Holocaust (LBC 317)

Jenna Brody-McLeod, community member

Antisemitism has been steadily increasing for years in the US, and 2022 saw the highest rate of recorded antisemitic incidents in our history. In this interactive presentation, participants will discuss the roots of antisemitism and their impact on Jews today.

Inspiring change with your voice: Becoming a TEDx Speaker (LBC 319)

Rachel Gordon, GA of Leadership & Student Events
Lizzie Dement, Associate Director of Student Development & Campus Vibrancy

Cultivate your passions and share your voice as a TEDx speaker. Stetson University will be hosting their next TEDxStetsonU in February 2024. Through this interactive workshop, you will have the opportunity to develop your thoughts and apply to become a TEDx speaker at Stetson University or another TEDx institute.

Unveiling Domestic Violence (LBC 124)

Sarah Sarver, Founder and Director of Dreams Come True Through YOU

Join us for an interactive presentation that explores the often silenced topic of domestic violence. Through engaging activities and open dialogues, we aim to create a safe space for discussing the impact on individuals and our community. Together, we'll explore ways to break the silence, raise awareness, and support survivors.

Workshop Block #2

2:15-3:30pm

Domestic Violence: what it is, how it looks, and how we can make an impact (Brown 140)

Cynthia Pagan, Founder of the National Domestic Violence Rally Walk-a-Thon in Washington D.C.

How can we help our community in need of support to help victims of domestic violence, and what are functional ways for alumni to help empower and support affected students, families, or community members dealing with domestic violence? Join this workshop to discuss best-practices for taking action.

The Sixth Extinction (Rinker Environmental Learning Center)

Dr. Kristen Marshall Mattson, Director of the Gillespie Museum

Dr. Cindy Bennington, Professor of Biology

Dr. Karen Cole, former Director of the Gillespie Museum

What is biodiversity? And why does it matter? We are living in an era of rapid loss of species driven by man-made causes, which some scientists have termed the sixth mass extinction. Biodiversity supports the health of our planet, is a source of environmental resiliency, and provides crucial ecosystem services. Loss of biodiversity in the longleaf pine ecosystem, which once covered much of the Southeastern US, has been substantial. In this hands-on workshop held in the Volusia Sandhill at the RELC, learn how loss of biodiversity has changed local landscapes and how you can contribute to their conservation and restoration.

Getting to Zero on HIV through behavioral, structural, and biomedical interventions (Brown 139)

Jeremiah Wandabwa, Program Director at Rising Against All Odds

Brenda Flowers, Founder and Chief Executive Officer at Rising Against All Odds

Vanessa Richardson-Brown, Community Services Director at Rising Against All Odds

HIV poses a major public health concern: over 18.4 million people were HIV-positive by the end of 2021, with 1.3 million new cases and 650,000 deaths from HIV-related causes. Despite improved treatment and prevention services, HIV/AIDS imposes a substantial burden on society. In this presentation, participants will learn about factors that contribute to a lack of access to resources, as well as RAAO's use of biomedical, structural, and behavioral interventions to address these barriers.

Forgiveness – The missing ingredient in remedying social injustice (Sage 257)

Dr. Bill Andrews, Associate Professor of Management

Dr. Harry Price, Associate Professor of Chemistry

Alicia Scott, Director of Development

Laura Cheshire, student

Injustice is experienced by everyone and occurs at both personal and societal levels. Some experience more injustice than others. Thoughtful activists from MLK to Miroslav Voif (suffered in the Bosnian/Servian/Albanian conflict), and from ancient religious teachers to modern psychologists, recognize that without forgiveness, efforts at social justice devolve into vindictiveness at the group level and bitterness at the personal level. Participants will examine these concepts through conversation with the panel. Come join us and learn how to make the world a better place!

Safe Space: Creating Inclusive Conversations at the Dinner Table and Beyond (Sage 222)

Dr. Meg Young, Faculty Fellow for Inclusive Pedagogy

Join our workshop to navigate challenging topics with a focus on inclusivity. Explore the modern LGBTQ movement's history, acquaint yourself with essential dates, and understand the evolution of terms and definitions. Equip yourself with tools, techniques, and the most updated inclusive language to foster open dialogues that promote understanding, empathy, and unity. Redefine dinner conversations and champion the values of diversity in every discussion.

Unlocking the power of nutrition (Sage 218)

Julie Kaidor, Adjunct Professor of Education

The majority of Americans struggle with their relationship with food. Over two thirds of Americans are overweight. Confronting our relationship with food can unlock freedom in our physical and mental lifestyle. In this workshop, you will learn the amount and types of foods your body needs to thrive.

How We See Ourselves: Using Art to Support Mental Health (Museum of Art - DeLand)

Martha Underriner, Curator of Education at the Museum of Art – DeLand

This workshop at the Museum of Art – DeLand includes a guided tour of the galleries, and artmaking activity focused on wellness and mindfulness techniques. We will start by taking a tour and guided discussion of the exhibition, Through a Glass Darkly. The discussion will focus on taking a deeper look into the artwork and how the work relates to our own self-image and mental health challenges. Following the tour, we will use an art making activity to practice mindfulness and wellness techniques to address challenges faced by Stetson students and community members. *(Note: The Museum of Art – DeLand is located at 600 N. Woodland Blvd. – across from Chaudoin and Emily Halls on the west side of Woodland Blvd.)*

Workshop Block #3

3:45-5:00pm

Talking About Death: Do We Die Equally? (LBC 319)

Kate Hartikka, Adjunct Faculty, Department of Sociology & Anthropology

In this interactive presentation, you are given a challenge: talk about death. Death, while a universal experience shared by all, is not only taboo, but a place where inequality thrives in Western Society. We will explore the invisibility of the dying and the issues that influence dying inequalities. We will participate in an activity to predict the ways in which we may die to understand dying diversities among our community. Our cultural, religious, and socioeconomic experiences are unpacked to understand how society can make such an inevitable event invisible and unequal. To conclude, we will discuss ways to mitigate fears of death and how to foster a positive relationship with your end of life as a way to combat death inequality.

A Day in the Life of Disability (Brown 140)

Ann-Marie Willacker, Coordinator of Community Impact

Ali Burgess, student

Sarah McCollum, student

Brooke O'Brien, student

A facilitated discussion on the intersectionality of disability and the ways having a disability can impact and influence day to day life on and off campus. The disabled population is the world's largest minority of which anyone can become a part at any time. We will examine what disability means, how well-meaning gestures create a feeling of tokenism within the disability community, why access is important not just to people with disabilities, and the true cost of disability. This discussion is open to anyone regardless of their disability status and we encourage everyone to explore their internalized feelings related to disability.

***Israelis, Palestinians, and American Responses: Learning from the Tensions (Sage 218)**

Dr. Paul Croce, Professor of American Studies

Tensions between Israelis and Palestinians have been intense. Although the US is half a world away, Americans are heavily involved politically, economically, culturally, and religiously. Efforts for more peaceful relations, by many diplomats and in the hearts of many in the Middle East and the US of all political stripes have collapsed so often that the dynamics have become a byword for despair. Hope begins with increased understanding of the perspectives of each side, Israelis and Palestinians, liberals and conservatives, realists and idealists. This is a session for listening to contrasting views, for learning our way toward more hopeful possibilities. (**Note: this workshop will go until approximately 5:30pm.*)

Stetson Sustainability Solutions (Brown 139)

Jacob Robinson, Environmental Fellow
Mackenzie Powers, Environmental Fellow
Sugeeth Sathish, Environmental Fellow

Do you have ideas to make Stetson more environmentally sustainable, or would you like to discuss others' ideas? If so, come enjoy some snacks while we pitch ideas, discuss their viability, and figure out how they can be implemented through the Revolving Green Fund with members of the Environmental Fellows!

Show me the money! (LBC 221)

Jennifer Williams, Assistant Director of the J.J. Master Center for Professionalism; Adjunct Professor

Whether it's at the dinner table or the boardroom table, talking about money can be uncomfortable! Yet, the art of negotiating salary and benefits is an essential part of the job search process. Negotiating your salary and benefits is a crucial skill that can significantly impact your financial future and job satisfaction. Attend this workshop to master negotiation, understand your worth, create a compelling pitch, and overcome common challenges.

Transgender Athletes: Deliberating Fairness and Equality (Library 25L)

Dr. Michael Eskenazi, Associate Professor of Psychology
Dr. Chris Ferguson, Professor of Psychology
Dr. Melinda Hall, Associate Professor of Philosophy
Dr. Scott Semanya, Assistant Professor of Psychology

Whether transgender women should be allowed in women's sports is a topic that has received great attention in recent years. As transgender Americans strive for equality, they face challenging new legislative policies that ban them from sports. Some argue that these policies are about fairness while others argue that they are rooted in bigotry. We will explore these issues with a panel of students and faculty with relevant expertise and experiences. This is an extremely difficult topic to discuss, so please come with an open mind and respect for all attendees.

***Talk is Cheap: Using Conversation to Promote Literacy and Break the Poverty Cycle (Sage 222)**

Nancy Walsh, Quality Advocate
Erica Garris, Literacy Initiatives Coordinator

Participants will learn about local efforts to disrupt generational poverty by increasing the number of children entering kindergarten developmentally on track to read at grade level by 3rd grade. Reading proficiency in 3rd grade predicts success in school which leads to employment and earnings that can stop the poverty cycle. The Brain Architecture Game will be played, building understanding of the powerful impact of early experiences on brain development – what promotes or derails it and the consequences for the community. The session will conclude with small group conversations guided by a framework for exploring the problem and identifying potential solutions. (**Note: this workshop will go until approximately 5:30pm.*)

We Don't Talk About Bruno (LBC 122)

Mary Gonzalez, President – Latinx Student Union

The Latinx Student Union and Stetson Counseling Services will be talking about the inter-generational trauma and its effects on the mental health in the Latinx community. We are basing this workshop off the famous Disney movie, Encanto. It will be interactive and discussion oriented.

Sexversations (Sage 257)

Victoria Ramón, P.A.C.T. Program Lead

Sara Smith-Paez, Director of Domestic Violence, Sexual Assault, and Stalking Prevention

Sexversations is a discussion-based card game that covers a ton of topics including consent, sexual health, relationships, and much more. This event is facilitated in small groups by P.A.C.T. Program Leads.

Breaking the Silence: Overcoming Addiction Stigma Through Dialogue and Action (LBC 124)

Elizabeth Buss, Student partner with Volusia Recovery Alliance

Karen Chrapek, Executive Director of the Volusia Recovery Alliance

Dr. John Tichenor, Associate Professor of Management

When it comes to addiction, one thing is for certain – it's not a comfortable dinner table conversation. This workshop addresses addiction stigma, fostering open dialogue among students. We aim to promote resource awareness and overdose prevention in our community. Rather than a simple lecture, we have planned activities, such as Narcan training and roleplaying exercises. Our community partner, the Volusia Recovery Alliance, will co-lead this workshop and help create a welcoming space for this difficult discussion.

Climate Change: Life Underwater? (LBC 317)

Nicholas Mauck, President of Club Scuba

Elevating tides, intensified heat, and coral reefs in distress. These are just the tip of the iceberg when it comes to challenges encountered during our diving experiences. Club Scuba extends a warm invitation to you to delve into the pressing concerns plaguing the Florida Coast. Additionally, we'll delve into the innovative solutions that both the Florida community and a global network of individuals are crafting to combat the impacts of climate change.

Cultural Credits

Students can obtain **up to six** Cultural Credits through participation in Values Day programs. The following programs have each been approved for Cultural Credit:

1. Workshop Block #1
2. Keynote Program: Great Minds Who Don't Think Alike
3. Global Citizenship Fair
4. Workshop Block #2 -or- Deliberative Dialogue on the Annexation of Spring Hill
5. Workshop Block #3
6. Blues Jam Music Festival

To receive Cultural Credit, students must complete the Cultural Credit request form located on the Values Day website at www.stetson.edu/values-day.

Acknowledgements

Planning Values Day is a significant undertaking. The Values Day Planning Committee wishes to thank the following **offices** for their tremendous support in making the day successful:

- University Events
- University Marketing
- Center for Community Engagement
- Office of Diversity & Inclusion
- Office of Religious & Spiritual Life
- WORLD: The David and Leighan Rinker Center for International Learning
- Center for Public Opinion Research
- The Brown Center for Faculty Learning & Innovation
- Chartwells / Dining Services
- Facilities Management
- Public Safety
- The School of Business Administration
- The School of Music
- The College of Arts and Sciences
- The College of Law
- The Office of the Provost
- The Office of the President

Further, this day would not be successful without the many talented and thoughtful members of our community who proposed **workshops and programs**, which are often the engines of innovation that challenge us to think about and act upon our values in new – and sometimes provocative – ways.

Finally, we owe a debt to our eighth president, **Dr. H. Douglas Lee**, for both his vision of a university grounded deeply in values, and his courage to turn those values into action through initiatives across the university and our surrounding communities. Indeed, that vision and courage could be found, too, in Doug's personal mission and motto: the old Quaker saying, "Let your life speak". May we continue to honor his legacy by making Stetson a place **where learning and values meet**.

