

# Stetson University Medical Plans Overview



2024 Plan Year

*Florida Blue*   
Your local Blue Cross Blue Shield

# Welcome



*Advancing health has always been  
at the center of our story...*

From the critical coverage that delivers peace of mind to the full breadth of health solutions that care for every aspect of your well-being, you can rest assured that Florida Blue is always looking out for you, your family, and your community as we have done for more than 75 years.

**Values:** Respect, Integrity, Inclusion, Imagination, Courage and Excellence

## BlueCare Plans at a Glance:

- Robust network of doctors, hospitals and pharmacies
- Dedicated primary care doctor and specialists when needed—no referral required
- Preventive screenings and wellness visits as low as \$0 based on your employer's specific benefits\*
- No coverage outside the network, except for emergency care
- Discounts up to 50% on gym memberships, nutrition programs and more
- 24-Hour Nurseline available for general health and prevention questions or for education and support on medical issues like diabetes, heart disease or surgeries
- Easy access to your plan details online or with the mobile app 24/7



### Choose BlueCare Providers

Unless it's an emergency, this plan doesn't cover medical services or supplies that you get outside the BlueCare network.

### Count on Your Primary Care Doctor

You are required to have a primary care doctor with your BlueCare plan. You can choose your doctor at enrollment so you can be connected to a doctor that knows your health care needs. You're always free to see other primary care doctors.

### When You Need to See a Specialist

Although you won't have to wait for a referral, your doctor can recommend a specialist and may help you get an appointment faster. They'll also complete any preapprovals so you're sure your medical services and prescriptions are covered.

### Know Your Options When You Need Care

When you're not feeling well, choosing the right treatment option can help you avoid higher out-of-pocket costs and hours of unnecessary waiting. Your primary care doctor (PCP) should be your first choice when seeking care. But if you're unable to see your PCP, visit an urgent care center, which are less expensive than ERs.



## BlueOptions Plans at a Glance:

- Largest network of doctors, hospitals and pharmacies
- Coverage if you need to see doctors outside the BlueOptions network
- Lower cost when you use in-network providers for medical visits, including doctor, specialist or convenient care visits, hospital care, emergency care and X-rays
- Preventive screenings and wellness visits as low as \$0 based on your employer's specific benefits\*
- Health coverage when you're traveling worldwide
- Home delivery available for up to a 90-day supply
- Discounts up to 50% on gym memberships, nutrition programs and more
- 24-Hour Nurseline available for general health and prevention questions or for education and support on medical issues like diabetes, heart disease or surgeries
- Easy access to your plan details online or with the mobile app 24/7

# BlueOptions

## HEALTH PLAN OVERVIEW



### Save Money When You Choose BlueOptions Providers

BlueOptions includes coverage to see doctors who are not in the network. However, you'll save time and pay less when you go to providers who are part of the network and understand how your plan works.

**Get Approval Ahead of Time for Some Services** To make sure you get quality care and help you get the most value from your plan, you'll need to get an approval from Florida Blue before your service. Some of the services include: sleep studies, MRI scans or cardiology services, and hip and knee surgeries. Before an appointment, visit [floridablue.com/checkfirst](https://floridablue.com/checkfirst) or call us to check.

### Know Your Options When You Need Care

When you're not feeling well, choosing the right treatment option can help you avoid higher out-of-pocket costs and hours of unnecessary waiting. Your primary care doctor (PCP) should be your first choice when seeking care. Also, urgent care centers are less expensive than ERs and often have shorter wait times.

# Understanding your plan and how to use it

## Find a Doctor

Finding providers that participate in your network is easy. You can log on to our online provider directory at [floridablue.com](https://floridablue.com) or our mobile app. Depending on your plan, you can:

- Find doctors, specialists, hospitals, pharmacies, labs, urgent care centers or out-of-town providers for when you travel
- Schedule an appointment
- Look at doctors' photos and review patient ratings
- Access valuable cost estimation tools

### Florida Blue members:

- Click **Find & Get Care** or **Find a Doctor** in your online member account
- Click **Find Care & Get Care** in the Florida Blue mobile app
- Need care fast? Virtual visits connect you to a primary care doctor by phone or online video any time, any place. Use the geo-locating feature in the mobile app to find the nearest providers

### Not a member yet? No problem!

- Go to [floridablue.com](https://floridablue.com)
- Click **Find a Doctor**
- Select **BlueCare** then **Search**

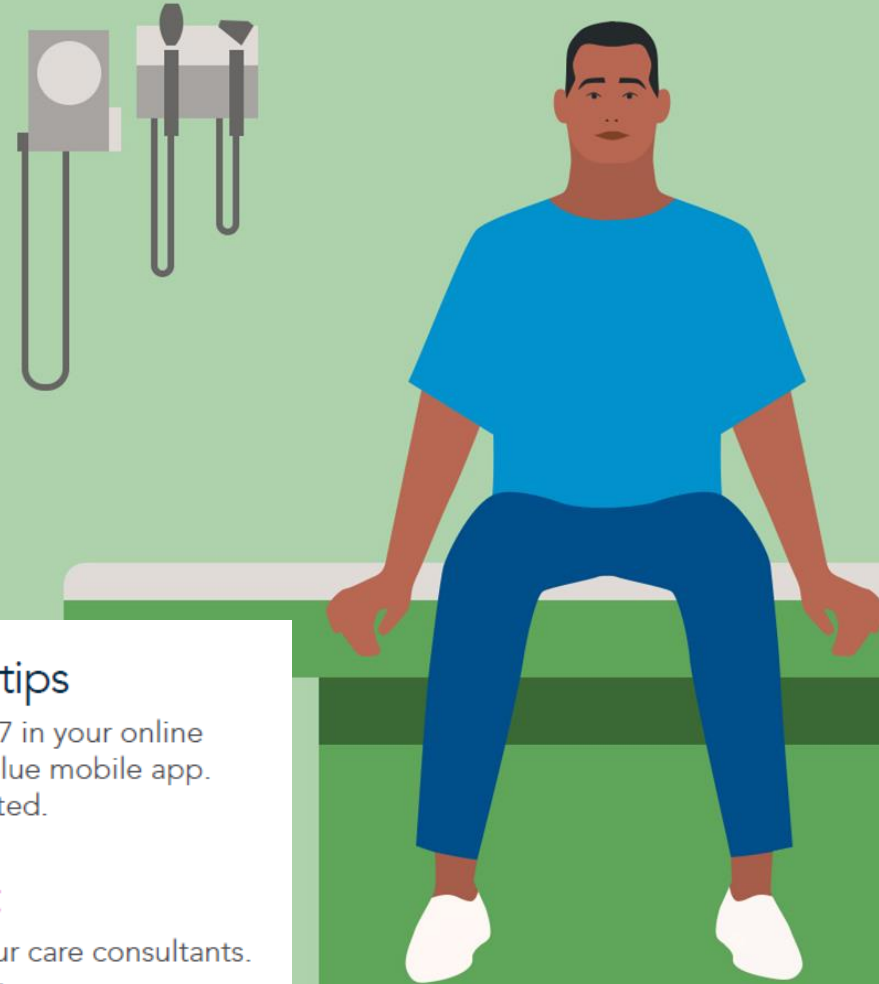
## Your Plan at Your Fingertips

You can see your plan information 24/7 in your online member account or with the Florida Blue mobile app. It's never been so easy to stay connected.

## Help When You Need It

You'll get one-on-one support from our care consultants. Call us at **888-476-2227** for help with:

- Finding the lowest cost for your prescriptions
- Learning about your treatment options
- Deciding where to go for the care you need
- Connecting you with a care nurse to help you manage your conditions



# Enjoy Member Savings With Blue365



Florida Blue  | Blue365.



## HEALTHY LIVING IS JUST A DEAL AWAY

Join Blue365 and start saving today!

Blue365 gives Florida Blue  members access to savings across all aspects of your life — including 20 percent off on Fitbit devices, \$29/month gym membership access at over 10K locations, discounts on healthy, organic meal delivery services from Sun Basket, and much more!

Register now for free to take advantage of Blue365. It's an online destination where participating members can find healthy deals and exclusive discounts, all you need is your Florida Blue  member card to get started.

Get started today at  
[www.Blue365Deals.com/register](http://www.Blue365Deals.com/register)

Exclusive savings from

 fitbit.

 GARMIN.

 SKECHERS

 Hotels.com™

 American  
HEARING BENEFITS

 SUN BASKET

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your way  
by fitness+health