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The Arc.
For people with intellectual and developmental disabilities

Health
Medicaid
Access
Choice Quality
Life
Disability
& of
Control Long-term
Providers

Things to Know About Long-Term Services and Supports (LTSS):

What are LTSS?
Who is entitled to them?
How do you get them?
The impact of COVID on LTSS.

Friday, November 8, 2024
11:15am - 12:05pm


Stetson's 2024
National Conference on
Special Needs Planning &
Special Needs Trusts
~
St. Petersburg Beach, FL
November 2024




STETSON LAW

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Our Pledge...



"...with liberty and justice for all."




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LTSS is a broad term for a variety of paid and unpaid services that help people with disabilities or chronic conditions live independently.

This can include:

- ✓ Personal care assistance, such as help with eating, bathing, dressing, using the toilet, grooming, walking, cooking, etc.
- ✓ Home health aide services, & taking meds
- ✓ Adult daycare programs
- ✓ Transportation
- ✓ Supported employment
- ✓ Financial management services

What are Long-Term Services and Supports?



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Who is entitled to LTSS?

People who require assistance with daily living activities due to:

Aging
Chronic illness
Disability



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How do you get LTSS?

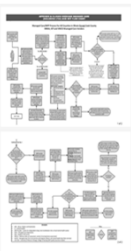
Medicaid policies to determine eligibility for LTSS focuses on:

- ✓ Finances (income and assets)
- ✓ Measures of functional status
- ✓ Institutional
- ✓ Home and Community-Based Services (HCBS)



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Eligibility



Income and assets

Individuals must meet financial eligibility criteria, which can include asset limits. For example, seniors typically need to meet asset limits at SSI levels (\$2,000 for an individual and \$3,000 for a couple).

Functional status

Individuals must meet functional eligibility criteria, which can include being able to perform activities of daily living. States use functional assessment tools to determine an applicant's functional needs.

Other factors

Other factors that can affect eligibility include age, gender, socioeconomic status, and living arrangement.



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Pathways to Eligibility...

- ☐ Poverty
- ☐ Medical Need
- ☐ Special income-level
- ☐ Katie Beckett pathway
- ☐ Section 1915(i)
- ☐ Medicaid buy-in
- ☐ Exceptions to prevent impoverishment (kinda)



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IMPACT of COVID on LTSS...

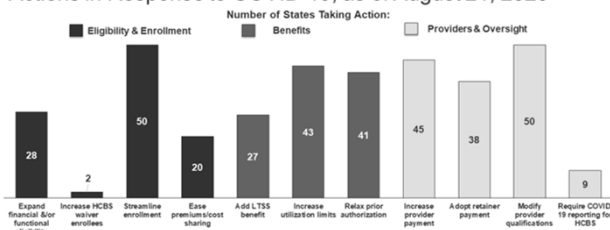


- Nursing Homes
- Tele-health & Technology
- LTSS Workforce
- Access to Services
- Rate Increases for Nursing Facilities
- Presumptive eligibility for LTSS
- Waiving Signatures
- Flexibility for Respite Care

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Figure 1

Medicaid Long-Term Services and Supports State Emergency Actions in Response to COVID-19, as of August 21, 2020



NOTE: HCBS = home and community-based services.

SOURCE: KFF analysis of approved HCBS waiver Appendix J's and the Appendix K Template; approved SPAs and the Medicaid Disaster Relief SPA Template; approved COVID-19 Public Health Emergency Section 1115 demonstrations; approved Section 1115 waivers; and Medicaid actions to address COVID-19 posted on publicly available state websites.



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What we know about who is using LTSS

- ✓ Nearly 6 million people receive Medicaid long-term services and supports (LTSS) for assistance with activities of daily living
- ✓ Institutional settings such as nursing facilities (1.6 million people)
- ✓ In people's homes and the community (4.2 million people)
- ✓ Over half (56%) of Medicaid enrollees who use LTSS broadly are under 65
- ✓ Most enrollees who use Medicaid HCBS are under age 65
- ✓ Most enrollees who use institutional LTSS are ages 65 and older
- ✓ Just over half (51%) of all Medicaid enrollees who use LTSS are White, 19% are Black, and 14% are Hispanic
- ✓ Over two-thirds (70%) of enrollees who use LTSS and are under 65 qualify for Medicaid because of a disability



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<https://ltsschoices.aarp.org/scorecard-report/2023>

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How to Report a Violation of LTSS...

- ✓ Contact the Long-Term Care Ombudsman Program (LTCOP) in your area
- ✓ Contact the Long-Term Care Ombudsman CRISISline: (800) 231-4024.
- ✓ Contact your local police or sheriff's department.



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RESOURCES

- **10 Things About Long-Term Services and Supports (LTSS)**, Kaiser Family Foundation (KFF), Priya Chidambaram and Alice Burns, Jul 08, 2024 | <https://www.kff.org/medicaid/issue-brief/10-things-about-long-term-services-and-supports-ltss/>
- **National Inventory of Self-Directed Long-Term Services and Supports Programs** | <https://ltsschoices.aarp.org/resources-and-practices/national-inventory-of-self-directed-long-term-services-and-supports-programs>
- **Long-Term Care Ombudsman FAQ**, ACL Gov | <https://acl.gov/programs/long-term-care-ombudsman/long-term-care-ombudsman-faq>



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