

As previously announced by the Benefits Advisory Committee (BAC), the University will be changing from our current health group provider, United Healthcare, to Cigna, effective January 1, 2019.

To help with the transition, I will be sending out weekly emails every Thursday detailing the latest information available, along with updates on all our benefits. My desire is to make this transition as seamless as possible and, with Cigna's assistance, answer any questions you may have during Open Enrollment from Oct. 1-Oct. 31.

Stetson cares about your wellbeing and will provide the information you need through these weekly emails as soon as it is available. You also can email or call me, Lori Kasbeer, Benefits Administrator, at [lkasbeer@stetson.edu](mailto:lkasbeer@stetson.edu) or 386-822-7743.

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Mark your calendar:

**DeLand Benefits and Wellness Fair**  
**Thursday, Oct. 4 in the Stetson Room 9:00 a.m. – 1:00 p.m.**  
**A Cigna representative will be available to answer questions**

**College of Law Benefits and Wellness Fair**  
**Tuesday, Oct. 9 Great Hall and Mann Lounge 11:30 a.m. – 1:30 p.m.**  
**A Cigna representative will be available to answer questions**

### **Cigna's One Guide**

Open enrollment begins October 1<sup>st</sup>. Any transition can be challenging, but Cigna's One Guide concierge customer service will help to minimize any disruption with your medical coverage. One Guide representatives are individuals who are assigned to the Stetson account to assist employees during the transition and beyond. This personalized customer service offers:

- Assistance in navigating healthcare issues.
- Information on the two plan options to assist in making educated decisions.
- Assistance with checking if your doctor or clinic is in-network to help minimize out of pocket expenses.
- Answers to questions concerning pharmacy.
- Cost estimates and information on how to get the most out your medical coverage.

The phone number for Cigna's One Guide will be posted on the [HR Open Enrollment webpage](#) as soon as it is active. Added to the HR Open Enrollment webpage are the 2019 rates and how to search Cigna's in-network provider directory before enrollment. The University will continue to provide a premium subsidy so that no employee pays more than 7.2% of their salary based on single employee rate (the percentage may be higher if you have dependent or family coverage).

### **Question & Answer Sessions with a Cigna Representative**

- October 4 - 9 a.m. to 1 p.m. Benefits Fair—DeLand Stetson Room
- October 4 - 1:30 p.m. and 3:15 p.m. DeLand Stetson Room
- October 9 - 1: 30 p.m. College of Law

- October 9 - 2:30 p.m. Tampa Law Center
- October 12 - 9:00 a.m. DeLand Garage in the Cub
- October 25 - 3:00 p.m. DeLand Garage in the Cub

### **Updates you will see in coming weeks**

- Updates on the third Delta Dental plan.
- Enrollment scenarios and what to submit during open enrollment.
- Summary of benefit coverage for both Cigna OAP Performance (comparable to HMO coverage) and Cigna OAP Option (comparable to PPO coverage).

Please be sure to check out our new One-Stetson [Human Resources website](#). You will find all the information you need – whether about benefits, such as insurance and retirement, training/development and employee discounts. The site will be updated regularly with benefit information, new employment positions, wellness initiatives and a tab for retirees or those planning for retirement. Also, HR has added a [special webpage](#) for the weekly Cigna benefit updates in case you miss an email or would like to review the information in one location.

[Stetson's HR website](#) has a whole new look. [Bookmark it](#) now!