



# PERSONAL DEVELOPMENT COMPETENCY RUBRIC

**Definition:** Personal development is the conscious pursuit of personal growth by expanding self-awareness and emotional maturity. In relation to self, students will be able to appreciate and empathize with the needs, values, and perspectives of others.

Student will be able to...	<b>Mastering</b> 4	<b>Advancing</b> 3	<b>Developing</b> 2	<b>Beginning</b> 1
<b>Build Self-Awareness</b>	Demonstrates complex understanding of self and intersections of personal identity. Demonstrates confidence in the ability to draw connections between identity, talents, and strengths.	Demonstrates an understanding of self and intersections of personal identity. Demonstrates knowledge of connections between identity, talents, and strengths.	Begins to describe personal identity and its aspects, as well as intersections of personal identity.	Expresses an understanding of self with limited knowledge of personal identity and its aspects.
<b>Empathize with Others</b>	Describes the complexity and validity of the needs, values, and perspectives of others in relation to self. Respects the opinions of others, even when they differ. Demonstrates deeper appreciation and empathy for others and the larger community.	Describes validity of others' needs, values, and perspectives with some relation to self. Expresses some appreciation and empathy for others in relation to self and the larger community.	Show some understanding of validity of others' needs, values and perspectives. Shows little to no appreciation or empathy for others in relation to self or the larger community.	Shows little to no understanding of other's needs, values, or perspectives in relation to self or the larger community.
<b>Demonstrate Emotional Maturity</b>	Displays confidence while moving towards personal, academic, and life goals. Demonstrates the ability to understand and react to failure in a positive way and independently create a plan of action.	Displays the ability to independently move towards personal, academic, and life goals. Demonstrates the ability to understand and respond to failure in a positive way.	Displays the ability to move towards personal, academic, and life goals with assistance. Demonstrates the ability to ask for help in response to failure.	Does not display the ability to move towards personal, academic, and life goals. Demonstrates little to no coping mechanisms in response to failure.

