

career navigation

Identify and articulate one's skills, strengths, knowledge, and experience relevant to career goals and desired positions, and identify areas necessary for professional growth. Navigate and explore job options or graduate/professional school programs, understand the steps necessary to pursue opportunities, and understand how to self-advocate for opportunities in the workplace. Build a network of contacts and mentors to guide career growth and create possible future chances.

QUESTIONS TO ASK YOURSELF ABOUT YOUR CAREER NAVIGATION COMPETENCY

- Am I aware of my interests, values, and personality types and how these might connect to future career paths?
- Have I developed a professional development plan for my four years at Stetson?
- Do I know what career paths related to my major(s)/minor(s)?
- Have I researched occupational titles in career fields of interest?

WAYS TO DEVELOP YOUR CAREER NAVIGATION COMPETENCY

NETWORKING

- Attended networking workshop
- Attended career expo or grad school fair
- Participated in on or off-campus networking conference or event
- Create LinkedIn Profile and build online contact network with alums and employers
- Attend Rotaract professional networking dinner which is open to all students

MAKING DECISIONS

- Have used self-awareness and exploration/research to decide on major(s), minor(s), career(s), and whether to attend grad/professional school
- Have acted on my decisions to declare major(s)/minor(s)
- Have acted on my decisions to align future courses, co-curricular activities, research, and work experiences to be competitive for internships, jobs, and grad schools

EXPLORE/RESEARCH

- Explored/researched possible majors and what career these connect to using "What Can I Do with This Major?"
- Explored/researched possible careers using Traitify and O*Net Online
- Conducted informational interview with someone working in a career field I am interested in
- Explored/researched possible graduate or professional school programs needed for my chosen career fields

SEARCHING/APPLYING

- Complete HatterJobs profile, upload resume, and search for opportunities
- Attended internship or job search workshop
- Met with career advisor to plan internship, job, or grad school application process
- Applied for internships, jobs, or grad school admissions
- Learned how to negotiate salary and benefits during job offer/acceptance process

SELF-AWARENESS

- Have taken Traitify personality assessment and discussed results with a CaPD career advisor
- Have completed StrengthsFinder and attended session to connect your strengths to careers
- Have discussed how my values and interests influence potential career choices

WAYS TO BEGIN DESCRIBING A SPECIFIC EXAMPLE OF THIS COMPETENCY TO EMPLOYERS & GRAD SCHOOLS

- Chose major(s)/minor(s) that helped me gain particular skills and knowledge for this position
- Decided to intern in a particular career field or for particular employer because of how it fit into my long-term goals
- Learned skills and knowledge from out-of-class activities that helped prepare me for a future career path
- Built and activated a network of contacts for making connections, identifying mentors, and gathering advice
- Made informed decisions through research using self-assessments, occupational databases, and informational interviews

RATE YOUR CAREER NAVIGATION COMPETENCY

Rate how developed your career navigation competency is:

1 2 3 4 5 6 7

Provide an example where you developed and/or applied your career navigation competency:

CAREER & PROFESSIONAL DEVELOPMENT

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CONNECT



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