

Wellness and Recreation

General Policies

- It is required that all Stetson students/faculty/staff/alumni provide their Stetson University Identification Card to gain access to the Hollis Center facilities as well as all Wellness & Recreation programs.
- Users must complete the Wellness & Recreation Liability Waiver prior to first time use.
- Users must be a Stetson Student or 18 years of age, unless accompanied and directly supervised by an adult (age 18 or older).
- If a patron forgets their Stetson ID card, they will be allowed to enter the facility on the first instance. Each member is granted one use of this policy per semester.
- Entry to the facility must be made through the main entrance.
 - Side and rear exits are alarmed and to be used only in emergency situations when directed by staff.
- Food and drink are allowed in approved areas of the recreation facility. For a list of approved areas see the Wellness and Recreation Staff.
- Enclosed water bottles are allowed in activity areas; however, no glass containers are allowed.
- No alcohol products of any kind are allowed in any recreational facilities. Patrons suspected of being under the influence of drugs or alcohol will be asked to leave the facility immediately.
- Utilization of bicycles, in-line skates, longboards, skateboards and motorized scooters are not allowed inside the Hollis Center. Bikes and scooters must be stored in designated areas outside the facility. Skateboards and in-line skates must be carried and stored in a locker or cubby.
- Patrons may not provide training to, conduct business with, or solicit funds from other members, guests, or staff.
- All patrons using the Hollis Center must wear athletic tops and shorts or pants. If clothing allows for skin to contact a bench, padding, or mat, users must have a towel or another shirt between their skin and the surface.
- Non-marking, closed-toe athletic shoes must be worn in all activity spaces. Any patron wearing shoes that mark the court floors will be asked to change shoes before they may continue participation. Patrons may not participate in socks or bare feet (except while in a fitness class as directed by the instructor).
- Personal music players must be used with headphones. Broadcasting music is prohibited.
- The Hollis Center does not allow photographs or videotaping in the facility without prior approval from the Department of Wellness and Recreation.
- Activity spaces must be kept clear of personal items. Backpacks and gear bags should be stored in lockers or cubbyholes within activity spaces. Bags lying on the floor within activity spaces will be moved.
- All items left within recreational facilities will be collected and held for up to two weeks. Items left after two weeks will be donated.
- The department is not responsible for lost or stolen items. Patrons are encouraged to leave valuables at home or use the lockers provided.
- Animals are not allowed in the facility or pool areas unless they are specifically trained to aid in the mobility of their owners.

- Facility hours are subject to change by Wellness and Recreation.
- Patrons exhibiting abusive behavior, either verbally or physically, toward another patron or Wellness and Recreation Staff will be asked to leave the facility immediately. If a patron refuses to leave the facility upon request of a Wellness and Recreation Staff member, Public Safety will be contacted to remove the patron.
- All facility users are expected to be responsible, courteous, and safety conscious always. Users who disregard policy will be asked to leave the facility.
- Patrons are expected to always follow the direction of Wellness and Recreation Staff.
- The Wellness and Recreation Department reserves the right to restrict and/or refuse admittance to its facilities and programs. All University and Departmental policies and procedures must be complied with including those for each area at all times.

USERS WORKOUT AT THEIR OWN RISK.

GUESTS:

- All guests must be accompanied by a student, alumnus, faculty, or staff member.
- Guests must check in at the lobby information desk, present a photo ID, and sign a liability waiver.
- Hollis Center users must be 18 years of age or older, unless accompanied by an adult, and must provide proof of age on request.
- Students, alumni, faculty, or staff are responsible for the conduct and actions of their guests and must always accompany them.
- A student, alumnus, faculty or staff member may bring a maximum of three guests at one time. Guests may enter up to six times a month.
- Dependents are not permitted to bring guests.
- Guests may not check out equipment. Students, alumni, faculty, or staff must check out and be responsible for equipment used by their guests.
- Individuals seeking admittance to the Hollis Center may not solicit members to sponsor them as a guest.
- Wellness and Recreation Staff reserves the right to refuse admittance to a guest.

TORSO CAMPAGIN:

This policy is being implemented to reduce the risk of bacterial disease transmission, prolong the life of the equipment, mitigate risk, and create a welcoming and inclusive environment for all patrons.

- Athletic tops and shorts or pants. If clothing allows for skin to contact with a bench, padding, or mat, users must have a towel or another shirt between their skin and the surface.
- Sleeveless shirts that do not expose skin past the bicep or below the bra line in the back.
- Non-marking, closed-toe athletic shoes must be worn in all activity spaces. Any patron wearing shoes that mark the court floors will be asked to change shoes before they may continue participation.
- Shoes must be always worn in all locations of the facility. Patrons may not participate in socks or bare feet (except while in a fitness class as directed by the instructor).
- Shorts/pants should be free of belts, studs, rivets, and zippers.

Wellness and Recreation Space Policies

All participants are asked to follow the guidelines outlined in the policy below when using any fitness space in the facility, including, but not limited to the weight and cardio rooms, aerobic studio, spin studio, and Rinker Fieldhouse.

Aerobics /Spin Room

- Be considerate and wipe down equipment after use. Users must return equipment to the proper place after use.
- Appropriate music, played at a non-disruptive noise level, may be enjoyed in the room as agreed upon by all those using the space.

Multi-Purpose Theatre

- Users must be a Stetson Student or 18 years of age to use this fitness space.
- The use of chalk when working out is not permitted.
- Personal music players must be used with headphones. Broadcasting music is prohibited.
- Be considerate and wipe down equipment after use. Users must return equipment to the proper place after use.
- User time on each piece of equipment is limited to thirty (30) minutes when someone is waiting. Please do not monopolize equipment and when possible, allow others to work in. Be considerate and wipe down equipment after use.
- Workout cables must always be used with attachments.

Fitness/Cardio Room

- Users must be a Stetson Student or 18 years of age to use this fitness space.
- The use of chalk when working out is not permitted.
- Personal music players must be used with headphones. Broadcasting music is prohibited.
- Be considerate and wipe down equipment after use. Users must return equipment to the proper place after use.
- User time on each piece of equipment is limited to thirty (30) minutes when someone is waiting. Please do not monopolize equipment and when possible, allow others to work in. Be considerate and wipe down equipment after use.
- Workout cables must always be used with attachments.
- Please do not throw or drop weights from an inappropriate height.
- Weight belts are not permitted on exercise equipment where the belt buckles contact the upholstery.
- Workout cables must always be used with attachments.

Rinker Fieldhouse

- Users are free to use the space except for when the space has been reserved. Scheduled events and activities have priority for use of one or more of the courts in the fieldhouse.
- Users are responsible for picking up/removing all trash after use.
- Floor taping is prohibited.

- Hanging on basketball rims or nets and practicing dunking is not permitted.
- The volleyball equipment must be set up and taken down by departmental staff only.
- The noise must be kept at a level that is not disruptive to other gym users.

Rinker Field/North Amelia Field

- Only Stetson University affiliated individuals and scheduled groups are allowed to use Rinker Field and North Amelia Field.
- Unauthorized use of the field is prohibited and considered trespassing.
- Use of Rinker field, as participants or spectators, is "at your own risk." All facility users/spectators should proceed with care and use fields with caution.
- Scheduled events and activities have priority for the use of one or more of the fields.
- Events and equipment, such as inflatables, must be approved for use by the Wellness and Recreation department and Stetson administrators prior to any event being held.
- No alcohol, smoking or tobacco substances allowed.
- Water and sports drinks only.
- Please pick up/remove all trash after use.
- No vehicles permitted on the field. Golf carts are permitted to serve needs on the perimeter of fields.
- Plastic cleats are allowed, metal cleats cannot be used at any time.
- Use of Rinker and North Amelia Field must be in compliance with Stetson University's student code at all times. Inappropriate or unsportsmanlike behavior and language may result in immediate and/or long-term denial of access to field spaces.
- For health and safety, no pets or animals are allowed on the field. Pets in spectator areas must remain on a leash and owners are fully responsible for their pet.
- Fields will be evacuated and closed in the event of adverse weather, flooding or any other potentially hazardous situations as determined by Wellness and Recreation Staff and Public Safety.
- Return all equipment to its original condition after each use.
- For safety, goals, netting, or fences are not to be climbed on.
- Stetson University is not responsible for lost or stolen property.
- In case of emergency call 911 or 386.822.7300 to contact Stetson Public Safety.
- All Field users are expected to be responsible, courteous and safety conscious at all times. Users who disregard these policies will be asked to leave the fields.

Hollis Center Classroom (Room 123)

- Please do not leave any personal items unattended in meeting rooms.
- I.T. Phone Support is available 24/7 by calling 386-822-7217 for help with computer or projector issues.
- Noise must be kept at a level that is not disruptive to other users of the facility.
- You may not remove furniture from the classroom. Furniture must be returned to the proper location and room must be vacated before any reservations begin or building closing times.

- Food and drink brought by groups or individuals is allowed in the classroom. Do not leave food remains or trash in the room. Please take away the trash or leftovers when you leave the classroom.
- The use of nails, tape, glue, thumbtacks, or adhesive to the walls, ceiling, doors, door frames, draperies, light fixtures, or columns for attaching materials is strictly prohibited.
- At the conclusion of use, please make sure projectors, computers, and lights are turned off.

Hollis Center Conference Room (Room 105)

- Please do not leave any personal items unattended in meeting rooms.
- I.T. Phone Support is available 24/7 by calling 386-822-7217 for help with computer or projector issues.
- Noise must be kept at a level that is not disruptive to other users of the facility.
- You may not remove furniture from the classroom.
- Food and drink brought by groups or individuals is allowed in the conference room. Do not leave food remains or trash in the room. Please take away the trash or leftovers when you leave the conference room.
- The use of nails, tape, glue, thumbtacks, or adhesive to the walls, ceiling, doors, door frames, draperies, light fixtures, or columns for attaching materials is strictly prohibited.
- Furniture must be returned to the proper location and rooms must be vacated before any reservations begin or building closing times.
- At the conclusion of your event, please make sure all projectors, computers and lights are turned off.

Pool

- Users must be a Stetson Student or 18 years of age, unless accompanied and directly supervised by an adult (age 18 or older).
- Shower before entering and wear appropriate swim attire.
- Disorderly conduct and disruptive behavior (running, diving, dunking, fighting, profanity, etc.) will not be tolerated at any time.
- Food and drinks are not permitted except for beverages in closed containers.
- Diving is not allowed in the shallow end.
- Patrons must stay off lane lines.
- Do not swallow the pool water or swim when ill.
- Lifeguards are on duty for your safety. Follow their direction at all times.
- Users must be fully clothed before re-entering the Hollis Center.
- No glass or animals allowed in the pool or on the pool deck.
- Pool hours: _____ to _____.
- Maximum Pool Occupancy: 102 Persons. Maximum Depth = 7ft.

All Hollis Center users are expected to be responsible, courteous, and safety conscious at all times.

Users who disregard policy will be asked to leave the facility.

USERS SWIM AT THEIR OWN RISK.

Stetson Outdoor Adventure Recreation (SOAR)

- Participants
 - Stetson Outdoor Adventure Recreation is a program for current Stetson students.
 - Guests of Stetson students/staff will be permitted to attend the trip only if there is space available. The student rate will not apply to guests, and they will have to pay the full expense of the activity.
- Risk Management
 - Attendees must complete Travel and Activity waivers prior to attending the trip.
 - All trips will include pre-trip meetings to convey information necessary for risk management as well as helping participants prepare for an enjoyable trip.
- Refund Policy – Refunds are trip specific and will follow the chart below.

Refund Policy for Adventure Trips		
Day Trip	Overnight Trip	4+ Days Trip
100% Refund > 2 weeks	100% refund > 3 weeks	100% refund > 1 month
50% Refund > 5 days	50% refund > 2 weeks	50% refund > 3 weeks
20% refund > 2 days	20% refund > 5 days	20% refund > 2 weeks
0% refund < 2 days	0% refund < 5 days	0% refund < 2 weeks