JOB DESCRIPTION

POSITION TITLE: ASSISTANT STRENGTH AND CONDITIONING

JOB CLASS: Staff

SUPERVISOR: Head Coach – Strength and Conditioning

CLASSIFICATION: Full Time

LOCATION: DeLand

SUPERVISORY: No

DEPARTMENT: Department of Athletics

POSITION OVERVIEW: The Assistant Strength and Conditioning assists the Director of Strength and Conditioning in oversight for Stetson University’s Division I intercollegiate athletic strength training program. The Graduate Assistant is responsible for programs that encourage and support the development of student-athletes as well as providing competitive platforms for teams and individuals competing in the Atlantic Sun Conference. The Graduate Assistant is responsible for ensuring compliance with all federal, NCAA, conference and university regulations, creating and managing departmental resources in a fiscally responsible manner, and sustaining a culture of sportsmanship, professionalism and respect at all levels. The Graduate Assistant for Strength and Conditioning reports to the Director of Strength and Conditioning and works in conjunction with all Sports Medicine Department staff.

QUALIFICATIONS, KNOWLEDGE AND SKILL REQUIREMENTS: Baccalaureate degree required and the candidate must meet entrance requirements and be accepted into graduate school at Stetson. The candidate must be NSCA or CSCCA certified or working towards certification. The candidate must demonstrate an understanding of university culture and a commitment to leading a competitive intercollegiate sports program in the context of an academically rigorous collegiate environment and have excellent interpersonal skills.

ESSENTIAL JOB FUNCTIONS AND RESPONSIBILITIES: The responsibilities of the Assistant for Strength and Conditioning shall include, but not necessarily be limited to, the following:

- Assisting in the development and coordination of a comprehensive strength and conditioning program for Stetson’s athletic department.
- Implementing sport specific strength and conditioning programs for Stetson’s 18 varsity sports.
- Assisting in the supervision, overall operation, and scheduling of the intercollegiate weight room.
- Ensuring that the weight room and other conditioning facilities are well maintained and that equipment is in good working order.
- Working with coaches and student-athletes to achieve optimal athletic performance and health.
- Performing other duties as may be assigned by the Director of Strength and Conditioning.

WORKING CONDITIONS: Requires some physical effort, i.e., some standing and walking, frequent light lifting (5-10 lbs.); some carrying moderate weight (12-20 lbs); and the operation of office equipment in which
manipulative skills and eye-hand coordination are important ingredients of productive operations. Tasks may involve extended periods at a keyboard; perceptual demands for sound, form, texture and depth.

APPLICATION PROCEDURE: Please submit a letter of application, which address the qualifications, a resume, and/or application, with names, addresses, and telephone numbers of three professional references to Stetson University, Inc.; Office of Human Resources; 421 N Woodland Boulevard, Unit 8327, DeLand, FL 32723. FAX: (386) 822-7562 E-MAIL: humres@stetson.edu. Complete application, available online.

Stetson University is an Equal Opportunity Employer that affirms cultural diversity and inclusion as a core value of academic excellence at Stetson University. We are committed to achieving equal access in education, employment, and participation through the recruitment and retention of outstanding faculty, staff, and students from diverse backgrounds, and to meaningful academic and intellectual transformation in curriculum, research and service. We are dedicated to actions and policies that foster a community in which individuals with various identities, cultures, backgrounds, and viewpoints work together to create opportunities for engagement through rewarding and fulfilling careers and personal experiences in a culturally and racially diverse society and a globalized world. We strongly encourage members of historically under-represented and economically-disadvantaged groups and women to apply for employment. Stetson University is an EEO, ADA, ADEA, and GINA employer.