Crisis Management and Trauma Resources for Parents, Educators and Community

- **Department of Education**
  - Helping Youth and Children Recover from Traumatic Events
  - Creating and Updating School Emergency Management Plans
  - School and Campus Management Readiness Resources
  - Tips for Adults on How to Talk with Children About Connecticut Shooting
  - Helping Young Children and Families Cope with Trauma
  - Childhood Traumatic Grief Educational Materials for Parents
  - Tips for Talking with and Helping Children & Youth Cope After a Disaster of Traumatic Event
  - Parent Tips for Helping Infants and Toddlers After Disasters
  - Parents Tips for Helping Pre-School Children After Disasters
  - Parents Tips for Helping School-Age Children After Disasters
  - Parent Tips for Helping Adolescents After Disasters
  - Practical Information on Crisis Planning

- **National Education Association**
  - School Crisis Guide
  - Mental Health and Wellness

- **National Alliance on Mental Illness**
  - What is mental illness?

- **National Institute of Mental Health**
  - Helping Children Cope with Violence
- **Substance Abuse and Mental Health Administration – Coping with Violence and Traumatic Events**

- **University of Maryland School of Medicine**

- **The National Child Traumatic Stress Network**
  
  - *Talking to Children about the Shooting*
  
  - *Psychological Impact of the Recent Shooting*
  
  - *Tip Sheet for Youth Talking to Journalists about the Shooting*
  
  - *Tips for Parents on Media Coverage*
  
  - *Parent Guidelines for Helping Youth after the Recent Shooting*
  
  - *After a Crisis: Helping Young Children Heal*
  
  - *Parents Tips for Helping Preschool-Aged Children after Disasters*
  
  - *Parents Tips for Helping School-Aged Children after Disasters*
  
  - *Guiding Adults in Talking to Children about Death and Attending Services*
  
  - *Restoring a Sense of Safety in the Aftermath of a Shooting: Tips for Parents and Professionals*
  
  - *Information on Traumatic Grief*
  
  - *Age-Related Reactions to a Traumatic Event*
  
  - *The 12 Core Concepts for Understanding Traumatic Stress Responses in Children and Families*

- **The American Psychological Association**

- **Mister Rogers Copes with Disasters (US Govt. DHHS)**

- **Highlights Magazine Suggestions for Parents**

- **Parent Education Program – Helping Your Family Cope with Anxiety & Stress**