how green are you

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Thinking Green

Tips for Lighting

1. Turn off the lights and appliances when you leave your room.
2. Replace incandescent light bulbs in your lamps with LEDs. LED light bulbs are 90% more efficient than incandescent and can last for decades. They also produce very little heat, which will result in added savings on cooling costs.
3. Do not use halogen lights! They produce dangerous amounts of heat and are extremely energy inefficient.
4. Turn off all unnecessary lighting.

Computers & Appliances

1. Turn off your computer when not in use. An idling computer consumes energy equal to 1200 pounds of CO2 emissions on a yearly basis.
2. Adjust the energy saving power management settings on your computer.
3. Unplug computers and appliances when they are not in use. Computers and other appliances have capacitors that consume power even when the device is turned off.
4. Switch off power strips when you leave your room or are sleeping.
5. Unplug electric chargers when you’re not using them.
6. Purchase Energy Star rated appliances if you can. Did you know that an Energy Star rated TV consumes 30% less electricity than a TV without an Energy Star rating?
7. A laptop computer uses less energy than a desktop.
8. Ink jet printers consume 80% less electricity than laser jet printers.

Tips to Conserve Water

1. Shorten your shower. A shower consumes five gallons of water per minute. Electricity or natural gas is used to heat the water.
2. Turn off the tap when brushing your teeth or shaving.
3. Showers use less water than baths.
4. Report running water issues to workdesk@stetson.edu

Temperature Setting Tips

1. Reduce the temperature setting on your thermostat during the cool months to 68 degrees.
2. Increase the temperature setting on your thermostat in the warm months to 76 degrees.
3. Turn the ceiling fan off when leaving your room.
4. Set the thermostat setting to “auto”.
5. Keep windows closed during the heating and cooling seasons.
6. Be sure that the vents in your room are not blocked by furniture.

Laundry Tips

1. Wash full loads when doing laundry.
2. When a smaller load is required use the appropriate water level and water temperature settings.
3. Use cold water to wash clothes when possible.
4. Use warm rather than hot water.
5. When drying your clothes separate the lightweight fabrics from the heavy fabrics.
6. A clothes dryer that is warm from recent use will consume less electricity than a cold dryer. Wash and dry your clothes so the dryer does not cool down between loads.
7. Do not over dry your clothes. Over drying increases consumption and emissions and causes static and wrinkles.
8. Clean the lint filters each time you use the clothes dryer.