May is Older Americans Month – Unleash the Power of Age

As part of Older Americans Month every year, the Administration on Aging (AOA) develops a theme to honor the value that elders contribute to our communities. This year, the theme is “Unleash the Power of Age.” The AOA recognizes that elders are often experts in their fields, have years of valuable experience, and that they are using this knowledge and experience to improve the lives of others. The AOA is encouraging people of all ages to get involved in their communities and to look for opportunities to showcase the vibrant life that older Americans lead.

The AOA also asked communities and organizations to nominate leaders who are using their talents to make an impact on their communities. The nominations have been collected, and on May 20, you are invited to read through the top 10 entries to vote for your favorite. Individuals are nominated based on their civic engagement, creativity, and innovation. Visit www.challenge.gov on May 20 to read some of these amazing stories and vote for this year’s winners.

Are you interested in getting involved in your community during Older Americans Month? The AOA has put together some tips and activity ideas to help you unleash the power of age. Visit www.olderamericansmonth.acl.gov/activityideas for more information about getting involved and opportunities to give back.

For more information on consumer fraud and scams, including helpful preventative tips and contact information for other community resources, contact Stetson University College of Law’s Elder Consumer Protection Program by e-mail at elderconsumers@law.stetson.edu, or by telephone at (727) 562-7888.